

TECHNICAL & VOCATIONAL EDUCATION & TRAINING

National Competency Standard for Commercial Cookery Standard Code: TOU03S18V3

PREFACE

Technical and Vocational Education and Training (TVET) Authority was established with the vision to develop a TVET system in the Maldives that is demand driven, accessible, beneficiary financed and quality assured, to meet the needs of society for stability and economic growth, the needs of Enterprise for a skilled and reliable workforce, the need of young people for decent jobs and the needs of workers for continuous mastery of new technology.

TVET system in the Maldives flourished with the Employment Skills Training Project (ESTP) funded by ADB with the objective of increasing the number of Maldivians, actively participating in the labour force, employed and self-employed. The Project supported expansion of demand driven employment-oriented skills training in priority occupations and to improve the capacity to develop and deliver Competency Based Skill Training (CBST). The project supported delivery of CBST programs to satisfy employer demand-driven needs. The National Competency Standards (NCS) provide the base for this training. Currently CBST is offered for five key sectors in the Maldives: Tourism, Fisheries and Agriculture, Transport, Construction and the Social sectors. These sectors are included as priority sectors that play a vital role in the continued economic growth of the country.

The NCS are developed in consultation with Employment Sector Councils representing employers. They are designed using a consensus format endorsed by the Maldives Qualifications Authority (MQA) to maintain uniformity of approach and the consistency of content amongst occupations. This single format also simplifies benchmarking the NCS against relevant regional and international standards. NCS specify the standards of performance of a competent worker and the various contexts in which the work may take place. NCS also describes the knowledge, skills and attitudes required in a particular occupation. They provide explicit advice to assessors and employers regarding the knowledge, skills and attitudes to be demonstrated by the candidates seeking formal recognition for the competency acquired following training or through work experience. By sharing this information, all participants in the training process have the same understanding of the training required and the standard to be reached for certification. Certification also becomes portable and can be recognized by other employers and in other countries with similar standards. NCS are the foundation for the implementation of the TVET system in Maldives. They ensure that all skills, regardless of where or how they were developed can be assessed and recognized. They also form the foundation for certifying skills in the Maldives National Qualification Framework (MNQF).

KEY FOR CODING

Coding Competency Standards and Related Materials

DESCRIPTION	REPRESENTED BY
Industry Sector as per ESC	Construction Sector (CON)
(Three letters)	Fisheries and Agriculture Sector (FNA)
	Transport sector (TRN)
	Tourism Sector (TOU)
	Social Sector (SOC)
	Foundation (FOU)
Competency Standard	S
Occupation within an industry	Two digits 01-99
Sector	
Unit	U
Common Competency	1
Core Competency	2
Optional/ Elective Competency	3
Assessment Resources Materials	Α
Learning Resources Materials	L
Curricula	С
Qualification	Q1, Q2 etc
MNQF level of Qualification	L1, L2 etc
Version Number	V1, V2 etc
Year of endorsement of	By two digits Example- 07
standard, qualification	

1.Endorsement Application for Qualification 01				
2. NATIO	ONAL CERTIFICATE	E III IN FOOD PREPARATION		
3. Quali	fication code:	Total Number of Credits: 48		
TOU03S	SQ1L318			
4. Purpo	se of the qualifica	ation		
_		those who wish to work in the food prepedge required to prepare a variety of dishes	•	
5. Regul	ations for the	National Certificate III in Food Prepa	_	
qualifica		awarded to those who are competent	in unit	
4		1+2+3+4+5+6+7+8+9+10+11		
6. Sched	lule of Units			
Unit	Unit Title		Code	
Title				
1	Develop tourism industry knowledge TOU03S1U01V3		TOU03S1U01V3	
2	Observe personal and work place hygiene practices TOU03S1U02V		TOU03S1U02V3	
3	Practice effective workplace communication TOUo3S1Uo3V3		TOU03S1U03V3	
4	Provide first aid TOU03S1U04V3		TOU03S1U04V3	
5	5 Use hygienic practices for food safety TOU03S1U		TOU03S1U05V3	
6	Clean and maint	ain kitchen premises	TOU03S1U06V3	
7	Use basic methods of cookery TOU03S1U07V3		TOU03S1U07V3	
8	Prepare sandwiches TOUo3S1Uo8V3		TOU03S1U08V3	
9	Prepare appetise	rs and salads	TOU03S1U09V3	
10	Prepare vegetabl	les and eggs dishes	TOU03S1U10V3	
11	11 Prepare stocks, sauces and soups TOUo3S1U11V3			
7. Accre	7. Accreditation The training and assessment leading to recognition of skills		o recognition of skills must	
requirer	nents	be undertaken in a real or very clo	undertaken in a real or very closely simulated workplace	
		environment.	ironment.	
8. Reco	mmended	As appearing under the section o6	appearing under the section o6	
sequencing of units				

1. Endorsement Application for Qualification 02

2. NATIONAL CERTIFICATE IV IN FOOD PREPARATION

3. Qualification code:

Total Number of Credits: 168

TOU03SQ2L418

4. Purpose of the qualification

This qualification targets those who wish to work in the food preparation industry. It includes technical skills and knowledge required to prepare a variety of dishes following standard recipes.

5. Regulations for the qualification

National Certificate IV in Food Preparation Qualification will be awarded to those who are competent in unit 1+2+3+4+5+6+7+8+9+10+11+12+13+14+15+

16+17+18+19+20+21+22+23+24+25+26

6. Schedule of Units

Unit	Unit Title	Code
No.		
1	Develop tourism industry knowledge	TOU03S1U01V3
2	Observe personal and work place hygiene practices	TOU03S1U02V3
3	Practice effective workplace communication	TOU03S1U03V3
4	Provide first aid	TOUo3S1Uo4V3
5	Use hygienic practices for food safety	TOU03S1U05V3
6	Clean and maintain kitchen premises	TOU03S1U06V3
7	Use basic cooking methods	TOUo3S1Uo7V3
8	Prepare sandwiches	TOU03S1U08V3
9	Prepare appetizers and salads	TOU03S1U09V3
10	Prepare vegetable, fruit, eggs and farinaceous dishes	TOUo3S1U10V3
11	Prepare stock, sauces and soups	TOU03S1U11V3
12	Select, prepare and cook meat	TOU03S2U12V3
13	Prepare and cook poultry	TOU03S2U13V3
14	Prepare and cook seafood dishes	TOU03S2U14V3
15	Produce cakes, pastries and breads	TOU03S2U15V3
16	Produce desserts	TOU03S2U16V3
17	Produce and serve food for buffets	TOU03S2U17V3
18	Present food	TOU03S2U18V3

19	Receive and store stock		TOU03S2U19V3	
20	Plan and cost basic menus		TOU03S2U20V3	
21	Coach ot	hers in job skills	TOU03S2U21V3	
22	Monitor	work operations	TOU03S2U22V3	
23	Provide v	work skill instruction	TOU03S2U23V3	
24	Participate in environmentally sustainable work practices		TOU03S2U24V3	
25	Manage diversity in the workplace		TOU03S2U25V3	
26	Practice career professionalism		TOU03S2U26V3	
7. Accreditation The training and assessment leading to recognition of skills more undertaken in a real or very closely simulated workplace environments				
8.	8. As appearing under the section o6			
Recommended				
sequencing of				
units	units			

UNIT DETAILS

Unit No.	Unit Title	Code	Level	No of credits
1	Develop tourism industry knowledge	TOU03S1U01V3	3	3
2	Observe personal and work place hygiene practices	TOU03S1U02V3	3	3
3	Practice effective workplace communication	TOU03S1U03V3	3	3
4	Provide first aid	TOU03S1U04V3	3	3
5	Use hygienic practices for food safety	TOUo3S1Uo5V3	3	3
6	Clean and maintain kitchen premises	TOU03S1U06V3	3	3
7	Use basic methods of cookery	TOU03S1U07V3	3	6
8	Prepare sandwiches	TOUo3S1Uo8V3	3	6
9	Prepare appetisers and salads	TOU03S1U09V3	3	6
10	Prepare vegetables, fruits and eggs and farinaceous dishes	TOU03S1U10V3	3	6
11	Prepare stocks, sauces and soups	TOU03S1U11V3	3	6
12	Select, prepare and cook meat	TOU03S2U12V3	4	9
13	Prepare and cook poultry	TOU03S2U13V3	4	9
14	Prepare and cook seafood	TOU03S2U14V3	4	9
15	Produce cakes, pastries and breads	TOU03S2U15V3	4	9
16	Produce desserts	TOU03S2U16V3	4	9
17	Produce and serve food for buffets	TOU03S2U17V3	4	9
18	Present food	TOU03S2U18V3	4	9
19	Receive and store stock	TOU03S2U19V3	4	9
20	Plan and cost basic menus	TOU03S2U20V3	4	9
21	Coach others in job skills	TOU03S2U21V3	4	9
22	Monitor work operations	TOU03S2U22V3	4	6
23	Provide work skill instruction	TOU03S2U23V3	4	6
24	Participate in environmentally sustainable work practices	TOU03S2U24V3	4	6
25	Manage diversity in the workplace	TOU03S2U25V3	4	6
26	Practice career professionalism	TOU03S2U26V3	4	6

Packaging of National Qualifications:

National Certificate III in Food Preparation will be awarded to those who are competent in units 1+2+3+4+5+6+7+8+9+10+11

Qualification Code:

TOU03SQ1L318

National Certificate IV in Food Preparation will be awarded to those who are competent in units 1+2+3+4+5+6+7+8+9+10+11+12+13+14+15+16+17+18+19+20+21+22+23+24+25+26

Qualification Code:

TOU03SQ2L418

COMPETENCY STANDARD FOR FOOD PREPARATION

Unit No	Unit Title
1.	Develop tourism industry knowledge
2.	Observe personal and work place hygiene practices
3.	Practice effective workplace communication
4.	Provide first aid
5.	Use hygienic practices for food safety
6.	Clean and maintain kitchen premises
7.	Use basic cooking methods
8.	Prepare sandwiches
9.	Prepare appetisers and salads
10.	Prepare vegetables, fruits eggs and farinaceous dishes
11.	Prepare stocks, sauces and soups
12.	Select, prepare and cook meat
13.	Prepare and cook poultry
14.	Prepare and cook seafood
15.	Produce cakes, pastries and breads
16.	Produce desserts
17.	Produce and serve food for buffets
18.	Present food
19.	Receive and store stock
20.	Plan and cost basic menus
21.	Coach others in job skills
22.	Monitor work operations
23.	Provide work skill instruction
24.	Participate in environmentally sustainable work practices
25.	Manage diversity in the workplace
26.	Practice career professionalism

BRIEF DESCRIPTION OF THE CURRENT AND FUTURE CONDITIONS IN THE SECTOR:

This qualification provides the basic skills and knowledge required for entry level workers in the food processing industries. It focuses on a defined and limited range of food preparation and cookery skills to prepare industry standard food and menu items.

Participants who complete this course should be able to prepare sandwiches, appetizers, salads, stocks and sauces according to recipe. And should also be able to prepare dishes from vegetable, seafood, poultry and game and meat and present the food to industrial standard

DESCRIPTION OF THE WORK AND WORKING CONDITIONS:

The competencies were determined based on the analysis of the tasks expected to be performed by an entry level chef under the close supervision and guidance of a head chef. The task analysis was based on the existing documents prepared among the experts in the industry and on the advice of the experts in the field of Chef training in Maldives. Competency standards used for similar type of training in other countries were also examined.

FOOD PREPERATION

Unit 01

UNIT TITLE	Develop tourism industry knowledge				
DESCRIPTOR	This unit of competency deals with the knowledge, skills required to access,				
	increases and update industry knowledge.				
CODE	TOU03S1U01V3	LEVEL	3	CREDIT	3

ELEMENTS OF COMPETENCIES	PERFORMANCE CRITERIA
1. Seek information on the industry	1.1. Sources of information on the industry are correctly identified and accessed
	1.2. Information to assist effective work performance is obtained in line with job requirements
	Specific information on sector of work is accessed and updated
	1.4. Industry information is correctly applied to day-to-day work activities.
Update industry knowledge	2.1. Informal and/or formal research is used to update general knowledge of the industry
	2.2. Updated knowledge is shared with customers and colleagues as appropriate and incorporated into day-to-day working activities
Develop and update local knowledge	3.1 Local knowledge is developed to assist queries on local/national tourism industry
	3.2 Local knowledge is updated using informal and/or formal research
	3.3 Contact with local communities is maintained
4. Promote products and services to customers	4.1 Promotional initiatives are described that may be used to promote products and services
	4.2 Selling skills are applied according to customer needs

Information sources;

- media
- reference books
- libraries
- industry associations
- industry journals
- internet
- personal observation and experience
- online news media (local and global)

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Information to assist effective work performance;

- different sectors of the industry and the services available in each sector
- relationship between tourism and hospitality
- relationship between the industry and other industries
- industry working conditions
- health and safety
- hygiene
- duty of care
- career opportunities within the industry
- work ethic required to work in the industry and industry expectations of staff
- quality assurance

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Informal and formal research;

- Discussions with colleagues, management and customers
- Reading internal enterprise material about products and services
- Familiarity with customer comments including complaints
- Reading and researching product data and information
- Conducting internal testing to determine quality and differentials
- General media research
- Developing and analyzing responses to questionnaires
- Reading surveys and ratings

Promotional initiatives;

- Media campaigns
- Internal promotions, including static displays, demonstrations, tastings, videos, competitions, packages, events

Tools, equipment and materials required may include:

Nil

ASSESSMENT GUIDE

Form of assessment

- Interview/questions
- Practical demonstration
- Portfolio of industry information related to trainee's work

Assessment context

Assessment may be done in a classroom or interview scenario.

Critical aspects

Assessment requires evidence that the candidate;

- Knew key sources of information on the industry
- Updated industry knowledge
- Accessed and used industry information
- Developed and updated local knowledge
- Promoted products and services.

Assessment conditions

- Theoretical assessment of this unit must be carried out in an examination room where proper examination rules are followed.
- Assessment of neat work practices must be constantly evaluated.

Underpinning knowledge	Underpinning skills
 Overview of quality assurance in the industry Role of individual staff members Industry information sources 	 Time management Ready skills needed to access industry information Basic competency skills needed to access the internet

UNIT 02

UNIT TITLE	Observe personal and work place hygiene practices		
DESCRIPTOR	This unit covers the knowledge, skills and attitudes required to observe		
	workplace hygiene procedures and maintaining of personal presentation and		
	grooming standard.		
	This unit deals with necessary skills and knowledge required for maintaining the		
	hygiene of workers and the hygienic practices that should be applied while on		
	the job.		
CODE	TOU03S1U02V3 LEVEL 3 CREDIT 3		

ELEMENTS OF COMPETENCIES	PERFORMANCE CRITERIA	
	1.1. Grooming, hygiene and personal presentation practices maintained at	
 Observe grooming, hygiene and personal presentation standards 	high standards in line with industry norms and procedures	
	1.2. Adequate level of personal cleanliness observed throughout the work1.3. Effects of poor personal hygiene understood and avoided in all practices	
2. Follow hygiene procedures	2.1. Hygiene procedures followed in line with procedures and legal requirements2.2. Hygiene standards maintained in line with procedures	
3. Identify and avoid hygiene risks	3.1. Hygiene risks understood and avoided in line with general standards and guidelines	

ASSESSMENT GUIDE

Form of assessment

- Assessment for the unit needs to be holistic and observed during assessment of other units of competency which forms the qualification.
- Any written or oral examinations may include questions related to hygiene, illness and personal grooming standard.

Assessment context

Assessment may be done in workplace or a simulated work environment.

Critical aspects

It is essential that competence is fully observed and there is ability to transfer competence to changing circumstances and to respond to unusual situations in the critical aspects of:

- Maintaining adequate level of all aspects of personal hygiene and cleanliness
- Following cleaning procedures for effective cleaning of work areas
- Immediately reporting any symptoms of illness
- Undertaking routine medical check-ups
- This unit may be assessed in conjunction with all and units which form part of the normal job role

Assessment conditions

- Theoretical assessment of this unit must be carried out in an examination room where proper examination rules are followed.
- Assessment of hygienic work practices must be constantly evaluated.

UNDERPINNING KNOWLEDGE	UNDERPINNING SKILLS
• General knowledge of common	• Ability to follow procedures and
terminologies used in hygiene including	instructions
personal hygiene	Competent to work according to relevant
Knowledge on general symptoms of	hygiene regulations and procedures
different types of diseases	• Competent to work to meet
Detailed knowledge and importance of	requirements for personnel hygiene and
illness and injury reporting procedures	hygienic practices
	 Communication skills
	Interpersonal skills

UNIT 03

UNIT TITLE	Practice effective workplace communication			
DESCRIPTOR	This unit addresses the need for effective communication in the spa			
	environment. It describes the ethics of communication and shows the			
	importance of selecting the best method of communication during various			
	situations. It also identifies the barriers to communication and explains how to			
	overcome them. The unit also describes how to use the telephone; the			
	procedures for answering, transferring and holding calls, making outgoing calls			
	and taking messages. In addition it also highlights the need for cleaning			
	telephone equipment.			
CODE	TOUo3S1Uo3V3 LEVEL 3 CREDIT 3			

ELEN	IENTS OF COMPETENCIES	PERFORMANCE CRITERIA
1.	Communicate with customers and colleagues	 1.1. Proper channels and methods of communication used 1.2. Workplace interactions with customers and colleagues appropriately made 1.3. Appropriate non-verbal communication used 1.4. Appropriate lines of communication followed
2.	Participate in workplace meetings and discussions	2.1. Meetings and discussions attended on time 2.2. Procedures to expressing opinions and following instructions clearly followed 2.3. Questions asked and responded to effectively 2.4. Meeting and discussion outcomes interpreted and implemented correctly
3.	Handle relevant work-related documentation	3.1. Conditions of employment understood correctly 3.2. Relevant information accessed from appropriate sources 3.3. Relevant data on workplace forms and other documents filled correctly 3.4. Instructions and guidelines understood and followed properly

	3.5. Reporting requirements completed properly
4. Handle telephone	 4.1. Procedures for taking messages and making outgoing calls followed correctly 4.2. Incoming calls answered correctly 4.3. Calls put on hold and transferred properly 4.4. Outgoing calls made efficiently 4.5. Communication in both English and Dhivehi demonstrated correctly

Procedures included:

- Organizational hierarchy and reporting order
- Communications procedures
- Telephone handling procedures

Aspects evaluated:

- Non-verbal communication
- Interpersonal skills
- General attitude to customers, colleagues and work
- Conformity to policies and procedures

Tools, equipment and material used in this unit may include

- Telephone
- Note pads
- Pens
- Forms and formats related to inter-personal communication

ASSESSMENT GUIDE

Assessment form

Assessment for the unit needs to be continuous and holistic and must include real or simulated workplace activities.

Assessment context

Assessment of this unit must be completed on the job or in a simulated work environment which reflects a range of opportunities for communication.

Critical aspects (for assessment)

It is essential that competence is fully observed and there is ability to transfer competence to changing circumstances and to respond to unusual situations in the critical aspects of communicating effectively with others involved in or affected by the work. This unit may be assessed in conjunction with all and units which form part of the normal job role.

Assessment conditions

It is preferable that assessment reflects a process rather than an event and occurs over a period of time to cover varying circumstances.

Special notes for assessment

Evidence of performance may be provided by customers, team leaders/members or other persons, subject to agreed authentication arrangements

Resources required for assessment

The following should be made available:

- A workplace or simulated workplace
- Materials and equipment

UNDERPINNING KNOWLEDGE	UNDERPINNING SKILLS
General knowledge of English and	Undertake effective customer relation
Divehi grammar	communications
• General knowledge of common	Competent in communicating basic with
telephone equipment	customers
General knowledge on effective	Fluency in English and Dhivehi
communication	language usage

Unit 04

UNIT TITLE	Provide first aid				
DESCRIPTOR	This unit described response to a casular provide a first aid workplace settings	nalty. The unit ap response in a ra	oplies to all wor	kers who may be	required to
CODE	TOUo3S1Uo4V3	LEVEL	3	CREDIT	3

ELEMENTS OF		PERFORMANCE CRITERIA		
COMPETENCIES				
1. Respond to an		1.1.	Recognize an emergency situation	
	emergency situation	1.2.	Identify, assess and manage immediate hazards to health and safety of self and others	
		1.3.	Assess the casualty and recognize the need for first aid response	
		1.4.	Assess the situation and seek assistance from emergency response services	
2.	Apply appropriate first	2.1.	Perform cardiopulmonary resuscitation (CPR) in	
	aid procedures		accordance with the established first aid principles.	
		2.2.	Provide first aid in accordance with established first aid principles	
		2.3.	Display respectful behavior towards casualty	
		2.4.	Obtain consent from casualty where possible	
		2.5.	Use available resources and equipment to make the casualty as comfortable as possible	
		2.6.	Operate first aid equipment according to manufacturer's instructions	
		2.7.	Monitor the casualty's condition and respond in accordance with first aid principles	
3.	Communicate details of	3.1.	Accurately convey incident details to emergency	
	the incident		response services	
		3.2.	Report details of incident to workplace supervisor as appropriate	
		3.3.	Maintain confidentiality of records and information	

4. Evaluate the incident	4.1.	Recognize the possible psychological impacts on self and
and own performance		other rescuers involved in critical incidents
	4.2.	Participate in debriefing to address individual needs

Established first aid principles include:

- checking and maintaining the casualty's airway, breathing and circulation
- checking the site for danger to self, casualty and others and minimising the danger.

Physical and personal hazards may include:

- workplace hazards such as fire, floods, violent persons
- environmental hazards such as electrical faults, chemical spills, fires, slippery surfaces, floods, wild animals, fumes,
- proximity of other people
- hazards associated with the casualty management processes.

Risks may include:

- worksite equipment, machinery and substances
- bodily fluids
- risk of further injury to the casualty
- risks associated with the proximity of other workers and bystanders.

First aid management will need to account for:

- location and nature of the work environment
- environmental conditions and situations, such as electricity, biological risks, weather and terrain, motor vehicle accidents,
- the level of knowledge, skills, training and experience of the person administering first aid
- familiarity with particular injuries
- legal issues that affect the provision of first aid in different industry sectors
- the characteristics of the site where the injury occurs
- the nature of the injury and its cause
- infection control procedures
- availability of first aid equipment, medications and kits or other suitable alternative aids

- proximity and availability of trained paramedical and medical/health professional assistance
- the patient's cardio-vascular condition as indicated by vital signs such as body temperature, pulse rate and breathing rates
- unresolved dangers such as fire, chemical contamination or fume toxicity of the area where the injury occurs.

Vital signs include:

- breathing
- circulation
- consciousness.

Injuries may include:

- abdominal trauma
- allergic reactions
- bleeding
- chemical contamination
- choking
- cold injuries
- cardio-vascular failure
- dislocations and fractures
- drowning
- poisoning and toxic substances
- medical conditions including epilepsy, diabetes, asthma
- eye injuries
- head injuries
- minor skin injuries
- · neck and spinal injuries
- needle stick injuries
- puncture wounds and cuts
- crush injuries
- shock
- smoke inhalation
- sprains and strains
- substance abuse
- unconsciousness
- infections

- inhalation of toxic fumes and airborne dusts
- bone and joint injuries
- eye injuries
- burns and scalds, thermal, chemical, friction and electrical

Injuries may involve:

- unconsciousness
- confusion
- tremors
- rigidity
- numbness
- inability to move body parts
- pain
- delirium
- external bleeding
- internal bleeding
- heat exhaustion
- hypothermia
- pre-existing illness.

Appropriate others from whom assistance may be sought may include:

- · emergency services personnel
- health professionals
- colleagues
- customers
- passersby.

Assistance may include, as appropriate to emergency situations:

- maintaining site safety and minimizing the risk of further injury or injury to others
- making the casualty comfortable and ensuring maximum safety
- assessment of injury situations
- providing first aid including managing bleeding through the application of tourniquets, pressure and dressings
- giving CPR and mouth-to-mouth resuscitation
- giving reassurance and comfort
- raising the alarm with emergency services or health professionals

• removing debris

Tools, equipment and material used in this unit may include:

- first aid kit
- pressure and other bandages
- thermometers
- eyewash
- · pocket face masks
- rubber gloves
- dressings
- · flags and flares
- fire extinguishers
- communication equipment such as mobile phones

ASSESSMENT GUIDE

Forms of assessment

Assessment methods must be chosen to ensure that obtained knowledge can be practically demonstrated. Methods must include assessment of knowledge as well as assessment of practical skills.

The following examples are appropriate for this unit:

- practical demonstration of the use of commonly-used equipment and first aid supplies
- explanation about management of a variety of common simulated injury situations
- questions to test knowledge of injury situations, types of injury and management of injury situations
- review of portfolios of evidence and third party reports of performance of first aid by the candidate

Assessment context

This unit may be assessed in a simulated environment

Critical aspects (for assessment)

Assessment must ensure:

• use of real first aid equipment

- ability to assess situations requiring first aid and to decide on a plan of action including seeking help
- ability to apply established first aid principles including:
 - checking and maintaining the casualty's airway, breathing and circulation
 - \circ checking the site for danger to self, casualty and others and minimizing the danger

Assessment conditions

Assessment must ensure:

- use of real first aid equipment
- use of dummies

Unit 05

UNIT TITLE	Use hygienic practices for food safety				
DESCRIPTOR	This unit described use personal hygied food-borne illness	ene practices to p	Ť	<u> </u>	•
CODE	TOUo3S1Uo5V3	LEVEL	3	CREDIT	3

ELEMENTS OF	PERF	FORMANCE CRITERIA
COMPETENCIES		
1. Follow hygiene	1.1.	Follow work place hygiene procedures
procedures and identify food hazards	1.2.	Report unsafe practices that breach hygiene procedures
	1.3.	Identify food hazards that may affect the health and safety of customers, colleagues and self
	1.4.	Remove or minimize the hygiene hazard and report as appropriate for follow-up
Report any personal health issues	2.1.	Report personal health issues likely to cause a hygiene risk
	2.2.	Report incidents of food contamination resulting from personal health issues
	2.3.	Cease participation in food handling activities where own health issue may cause food contamination
3. Prevent food contamination	3.1.	Maintain clean clothes, wear required personal protective clothing, and only use approved bandages and dressings.
	3.2.	Prevent food contamination from clothing and other items worn.
	3.3.	Prevent unnecessary direct contact with ready to eat food.
	3.4.	Ensure hygienic personal contact with food and food contact surfaces
	3.5.	Use hygienic cleaning practices that prevent food-borne illnesses
4. Prevent cross- contamination by washing hands	4.1.	Wash hands at appropriate times and follow hand washing procedures

Food hazards

- Microbial
- Chemical
- Physical
- Allergens

ASSESSMENT GUIDELINE

Assessment must provide evidence of:

- Safe food handling practices
- Identification of hazards

Assessment must ensure access to all the necessary resources

UNDERPINNING KNOWLEDGE	UNDERPINNING SKILLS
• Contaminants	Demonstrate the use of safe food
Airborne, food borne and infectious	handling practices
diseases that may cause a health issue in	Identify food hazards
the food industry	Report unsafe practices
Necessary hygiene actions	Report food contamination
Hand washing practices	
HACCP method	

Unit o6

UNIT TITLE	Clean and maintain kitchen premises			
DESCRIPTOR	This unit describes the performance outcomes, skills and knowledge required to			
	clean food preparation areas, storage areas, and equipment in commercial			
	kitchens to ensure the safety of food.			
CODE	TOUo3S1Uo6V3 LEVEL 3 CREDIT 3			

ELEMENTS OF	PERF	ORMANCE CRITERIA
COMPETENCIES		
Clean and sanitise kitchen equipment	1.1.	Select and prepare cleaning agents and chemicals according to schedule and product instructions
	1.2.	Clean and sanitize kitchen equipment to ensure safety of food that is prepared and served to customers
	1.3.	Store cleaned equipment in designated place
2. Clean service-ware and utensils	2.1.	Sort service-ware and utensils and load dishwasher with appropriate items
	2.2.	Hand wash any items not appropriate for dishwasher
	2.3.	Report broken or chipped service ware to supervisor
3. Clean and sanitise kitchen premises	3.1.	Clean and sanitize kitchen surfaces, food preparation and storage areas.
	3.2.	Clean and report areas of pest infestations
	3.3.	Sort and promptly dispose of kitchen waste to avoid cross-contamination with food
4. Work safely and reduce negative environmental impacts.	4.1.	Use cleaning agents, chemicals and cleaning equipment safely and according to manufacturer instructions.
	4.2.	Use personal protective equipment and safe manual handling techniques when cleaning equipment and premises
	4.3.	Reduce negative environmental impacts through efficient use of energy, water and other resources
	4.4.	Sort general kitchen waste from recyclables and dispose of them in designated recycling bins

Food preparation and storage areas

- Benches and working surfaces
- Cool rooms
- Cupboards
- Pantry
- Freezers
- Fridges
- Microwaves
- Ovens
- Storerooms
- stoves

ASSESSMENT CONDITIONS

Assessment should demonstrate the knowledge and skills identified in the elements and performance criteria of this unit.

UNDERPINNING KNOWLEDGE	UNDERPINNING SKILLS
 hygiene and cross contamination 	follow cleaning schedules
 cleaning and sanitizing products 	perform cleaning work demonstrating
 safe practices for using and storing 	the use of different types of cleaning
cleaning and sanitizing products	agents and chemicals
 environmentally sound disposal 	sanitizing and disinfecting methods
methods for kitchen waste	

Unit 07

UNIT TITLE	Use basic cooking methods				
DESCRIPTOR	This unit describes the performance outcomes, skills and knowledge required to				
	use a range of basic cookery methods to prepare dishes				
CODE	TOU03S1U07V3	LEVEL	3	CREDIT	6

ELEMENTS OF COMPETENCIES	PERF	FORMANCE CRITERIA
Select ingredients	1.1.	Calculate ingredient amounts according to requirements
	1.2.	Identify and select ingredients from stores according to recipe, quality, freshness and stock rotation requirements
	1.3.	Check perishable supplies for spoilage or contamination prior to preparation
Select, prepare and use equipment	2.1.	Select type and size of equipment suitable to requirements
	2.2.	Safely assemble and ensure cleanliness of equipment before use
	2.3.	Use equipment safely according to instructions
3. Portion and prepare ingredients	3.1.	Weigh and measure ingredients and create portions according to recipe
	3.2.	Minimize waste to maximize profitability
4. Cook dishes	4.1.	Select and use cookery methods for dishes following standard recipes.
	4.2.	Complete cooking process in a logical, planned and safe manner
	4.3.	Identify problems with the cooking process and take corrective action
	4.4.	Work cooperatively with colleagues to ensure timely preparation of dishes
5. Present and store dishes	5.1.	Present dishes on appropriate service-ware

5.2.	Add garnishes and accompaniments according to
	standard recipes
5.3.	Clean work area, and dispose of or store surplus and re- usable by-products according to established procedures, environmental considerations, and cost-reduction initiatives

Cookery methods

- Baking
- Boiling
- Braising
- Blanching
- Grilling
- Poaching
- Roasting
- Steaming

Equipment

- Blenders
- Mixers
- Hot plate
- Microwave
- Sheets and trays
- Slicing machine
- Peelers
- Graters
- Tongs
- Whisks

ASSESSMENT CONDITIONS

Assessment should demonstrate the knowledge and skills identified in the elements and performance criteria of this unit.

UNDERPINNING KNOWLEDGE	UNDERPINNING SKILLS
 Major food types and their 	 follow standard recipes for dishes
characteristics	 demonstrate food safety practices for handling and storing
General food items	0
how the major food types are used in	
different dishes and the effects on them	
of the different cookery methods	

meaning and role of mise en place in the process of preparing, cooking and presenting food
 essential culinary terms in, and key principles and practices of, the cookery methods

Unit 08

UNIT TITLE	Prepare sandwich	es			
DESCRIPTOR	This unit describes the performance outcomes, skills and knowledge required to				
	prepare and present a variety of sandwiches				
CODE	TOUo3S1Uo8V3	LEVEL	3	CREDIT	6

ELEMENTS OF COMPETENCIES	PERFORMANCE CRITERIA		
1. Select ingredients	1.1.	Identify and select bread types and fillings taking account of quality, freshness and stock rotation requirements	
	1.2.	Check perishable supplies for spoilage or contamination prior to preparation	
2. Make sandwiches	2.1.	Use safe food-handling practices to hygienically prepare sandwiches	
	2.2.	Combine ingredients appropriately based on flavor combinations, customer preference and standard recipes	
	2.3.	Use toasting and heating equipment safely, as required	
	2.4.	Make sandwiches in a logical and sequential manner while minimizing waste	
3. Present and store sandwiches	3.1.	Present sandwiches on appropriate service-ware	
sandwiches	3.2.	Add suitable garnishes as required	
	3.3.	Store sandwiches in appropriate environmental conditions	
	3.4.	Clean work area, and dispose of or store surplus and re- usable by-products according to workplace procedures, environmental considerations, and cost-reduction initiatives	

Types of sandwiches

- Cold sandwiches
- Multi decker
- Open faced
- Tea sandwiches
- Wraps
- Grilled
- Deep fried

ASSESSMENT CONDITIONS

Assessment should demonstrate the knowledge and skills identified in the elements and performance criteria of this unit.

UNDERPINNING KNOWLEDGE	UNDERPINNING SKILLS
 Culinary terms for different types of sandwiches and breads Characteristics of sandwiches Appearance and presentation Bread variations Trends Sandwich preparation method Cutting Garnishing Layering Portioning Spreading appropriate environmental conditions and methods for storing sandwiches 	follow safe food handling practices use a variety of fillings and ingredients with a variety of breads present sandwiches store sandwiches and ingredients to optimise shelf life
 storing sandwiches safe operational practices using essential functions and features of equipment used to produce sandwiches 	

Unit 09

UNIT TITLE	Prepare appetisers and salads				
DESCRIPTOR	This unit describe prepare appetisers select and prepare food storage meth	s and salads follo e ingredients, an	wing standard r	ecipes. It requires	s the ability to
CODE	TOU03S1U09V3	LEVEL	3	CREDIT	6

ELEMENTS OF		PERF	ORMANCE CRITERIA
COMP	PETENCIES		
1.	Select ingredients	1.1.	Calculate ingredient amounts according to requirements
		1.2.	Identify and select appetizer and salad ingredients from stores according to recipe, quality, freshness and stock rotation requirements
		1.3.	Check perishable supplies for spoilage or contamination prior to preparation
2.	Select, prepare and use equipment	2.1.	Select type and size of equipment suitable
	ечигринен	2.2.	Safely assemble and ensure cleanliness of equipment before use
		2.3.	Use equipment safely and hygienically according to manufacturer instructions.
3.	Portion and prepare ingredients	3.1.	Sort and assemble ingredients
ing		3.2.	Weigh and measure ingredients and create portions according to the recipe
		3.3.	Clean and cut salad ingredients using basic culinary cuts according to quality standards
		3.4.	Minimize waste to maximize profitability of food items prepared
4.	Prepare appetisers and salads	4.1.	Select and use relevant cookery methods for salads and appetizers
		4.2.	Prepare sauces and dressings according to recipe
5.	Present and store appetisers and salads.	5.1.	Present dishes on appropriate service-ware
	appendere una sando.	5.2.	Add dips, sauces and garnishes according to standard recipes

Appetisers

- Dips
- Canape
- Hors d'oeuvre
- Fruit appetizer
- Vegetable appetizer

Salads

- Simple salads
- Mixed salads
- Composed salads
- Classical salads
- Vegetable salads
- Fruit salads
- Warm salads

Salad dressings

- Caesar dressing
- Italian dressing
- · Ranch dressing
- French dressing
- Thousand island dressing
- Balsamic vinaigrette
- Honey mustard dressing
- Blue cheese dressing
- Greek dressing

ASSESSMENT CONDITIONS

Assessment should demonstrate the knowledge and skills identified in the elements and performance criteria of this unit.

UNDERPINNING KNOWLEDGE	UNDERPINNING SKILLS
culinary terms and trade names for	follow standard recipes for dishes
ingredients commonly used in the	use at least four of the following cookery
production of different appetisers and	methods and complete mise en place
salads	activities when preparing the above
 contents of stock date codes and 	dishes:
rotation labels and their implication for	 baking
food quality standards	boiling
characteristics of different appetisers	• blanching
and salads	• frying
 quality indicators for appetisers and 	• grilling
salads	• poaching
 cookery methods for appetisers and 	• roasting
salads	• steaming
 dressings, sauces and garnishes for 	C
salads	
appropriate environmental conditions	
for storing appetiser and salad	
products	
safe operational practices using	
essential functions and features of	
equipment used to produce appetisers	
and salads.	

UNIT TITLE	Prepare vegetable, fruit, eggs and farinaceous dishes				
DESCRIPTOR	This unit describe	s the performan	ce outcomes, ski	ills and knowledg	ge required to
	prepare and cook	prepare and cook various vegetable, fruit, egg and farinaceous dishes following			
	standard recipes. It requires the ability to select and prepare ingredients, and to				
	use relevant equipment, cookery and food storage methods.				
CODE	TOU03S1U10V3	LEVEL	3	CREDIT	6

	ELEMENTS OF COMPETENCIES		ORMANCE CRITERIA
1.	Select ingredients for vegetable, fruit, egg and farinaceous dishes	1.1.	Calculate ingredient amounts according to requirements Identify and select ingredients from stores according to recipe, quality, freshness and stock rotation requirements
		1.3.	Check perishable supplies for spoilage or contamination prior to preparation
2.	Select, prepare and use equipment	2.1.	Select type and size of equipment suitable to requirements
		2.2.	Safely assemble and ensure cleanliness of equipment before use
		2.3.	Use equipment safely and hygienically according to manufacturer instructions
3.	Portion and prepare ingredients	3.1.	Weigh and measure ingredients and create portions according to recipe
		3.2.	Clean and cut ingredients as required using basic culinary cuts according to culinary standards.
		3.3.	Prepare eggs for different culinary uses
		3.4.	Prepare fresh farinaceous ingredients
		3.5.	Minimize waste to maximize profitability of food items prepared.
4.	Cook vegetable, fruit, egg and farinaceous dishes	4.1.	Follow standard recipes to select and use relevant cookery methods for vegetable, fruit, egg and farinaceous foods
		4.2.	Select and add accompaniments suited to the dish

5. Present and store vegetable, fruit, egg	5.1.	Present dishes attractively on appropriate service-ware
and farinaceous dishes	5.2.	Add dips, sauces and garnishes according to standard recipes
	5.3.	Visually evaluate dish and adjust presentation
	5.4.	Store dishes in appropriate environmental conditions
	5.5.	Clean work area, and dispose of or store surplus and re- usable by-products according to procedures,
		environmental considerations, and cost-reduction initiatives

farinaceous dishes

- Pasta
- Rice
- Grain
- Gnocchi

Egg dishes

- Omelettes
- Frittatas
- Quiches

ASSESSMENT CONDITIONS

Assessment should demonstrate the knowledge and skills identified in the elements and performance criteria of this unit.

UNDERPINNING KNOWLEDGE	UNDERPINNING SKILLS
culinary terms and trade names for	follow standard recipes to prepare
ingredients used in standard recipes for	dishes for fresh, dried and frozen
vegetable, fruit, egg and farinaceous	vegetables and fruits
dishes	 use of eggs for aerating, binding,
contents of stock date codes and rotation	setting, coating, enriching, emulsifying,
labels	glazing, clarifying, garnishing,
characteristics of different vegetable, fruit,	thickening
egg and farinaceous dishes	demonstrate the cooking methods such
accompaniments and sauces for vegetable,	as boiling, braising, deep and shallow
fruit, egg and farinaceous dishes	frying, poaching, scrambling, roasting,
	stewing

- historical and cultural origin of different vegetable, fruit, egg and farinaceous dishes and products
- cookery methods for vegetable, fruit, egg and farinaceous dishes
- health risks associated with raw egg products and alternative egg products
- culinary applications which use eggs
- mise en place requirements for vegetable, fruit, egg and farinaceous dishes
- appropriate environmental conditions for storing food products
- safe operational practices using essential functions and features of equipment used to produce vegetable, fruit, egg and farinaceous dishes

UNIT TITLE	Prepare stocks, sauces and soups							
DESCRIPTOR	This unit described prepare various so the ability to select cookery and food	tocks, sauces and ct and prepare ir	d soups followin ngredients, and t	g standard recip	es. It requires			
CODE	TOUo3S1U11V3	OU03S1U11V3 LEVEL 3 CREDIT 6						

ELEMENTS OF	PERF	PERFORMANCE CRITERIA		
COMPETENCIES				
select ingredients	1.1.	Calculate ingredient amounts according to requirements		
	1.2.	Identify and select ingredients for stocks, sauces and		
		soups from stores according to recipe, quality, freshness		
		and stock rotation requirements.		
	1.3.	Check perishable supplies for spoilage or contamination		
		prior to preparation		
2. Select, prepare and use equipment	2.1.	Select type and size of equipment suitable to requirements		
	2.2.	Safely assemble and ensure cleanliness of equipment		
		before use		
	2.3.	Use equipment safely and hygienically according to		
		manufacturer instructions		
3. Portion and prepare ingredients	3.1.	Weigh and measure ingredients according to recipe		
ingredients	3.2.	Clean and cut ingredients as required using basic		
		culinary cuts according to culinary standards		
	3.3.	Minimize waste to maximize profitability of food items		
		prepared		
4. Prepare stocks, sauces	4.1.	Follow standard recipes, select and use cookery methods		
and soups		to prepare stocks, sauces and soups		
	4.2.	Use flavoring and clarifying agents according to		
		standard recipes		
	4.3.	Use thickening agents and convenience products		
		appropriately		

5. Present and store stocks, sauces and soups	5.1.	Reconstitute or re-thermalize stocks, sauces and soups to required consistencies.
	5.2.	Present soups and sauces attractively on appropriate service-ware
	5.3.	Add garnishes according to standard recipes
	5.4.	Visually evaluate dish and adjust presentation.
	5.5.	Store dishes in appropriate environmental conditions
	5.6.	Clean work area, and dispose of or store surplus and reusable by-products according to procedures, environmental considerations, and cost reduction initiatives

Sauces

- béchamel
- coulis
- demi glace'
- hollandaise
- mayonnaise based sauces
- tomato based sauces

soups

- clear
- broth
- puree
- cream

ASSESSMENT CONDITIONS

Assessment should demonstrate the knowledge and skills identified in the elements and performance criteria of this unit.

UNDERPINNING KNOWLEDGE	UNDERPINNING SKILLS
culinary terms and trade names	 follow standard recipes to prepare
for ingredients commonly used	brown beef stocks, chicken stocks, fish
in the production of different	stocks and vegetable stocks
stocks, sauces and soups	 prepare the following sauces;
 contents of stock date codes and 	• béchamel
rotation labels and their	• coulis

- implication for food quality standards
- characteristics of stocks, sauces and soups
- derivatives of base stocks and sauces
- mise en place requirements for stocks, sauces and soups
- appropriate environmental conditions for storing stock, sauces and soups products
- safe operational practices using essential functions and features of equipment used to produce stocks, sauces and soups

- demi-glace'
- hollandaise
- mayonnaise based sauces
- tomato based sauces
- soups such as;
 - clear
 - broth
 - puree
 - cream

UNIT TITLE	Select, prepare and cook meat				
DESCRIPTOR	This unit describe prepare and cook the ability to select cookery and food s	a range of meat	dishes following portion meat, ar	g standard recipe	es. It requires
CODE	TOU03S2U12V3	LEVEL	4	CREDIT	9

ELEMENTS OF		PERFORMANCE CRITERIA		
COMP	PETENCIES			
1.	Select ingredients	1.1.	Calculate ingredient amounts according to requirements	
		1.2.	Identify and select meat products and other ingredients from stores according to recipe, quality, freshness and stock rotation requirements	
2.	Select, prepare and use equipment	2.1.	Select type and size of knives and other equipment suitable to requirements	
		2.2.	Safely assemble and ensure cleanliness of equipment before use	
		2.3.	Use knives and other equipment safely and hygienically according to manufacturer instructions	
3.	Portion and prepare ingredients	3.1.	Thaw frozen meats according to food safety guidelines where required	
		3.2.	Sort and assemble ingredients according to food production sequencing	
		3.3.	Weigh and measure ingredients and create portions according to recipe	
		3.4.	Use meat preparation techniques according to recipe requirements	
		3.5.	Minimize waste to maximize profitability of food items prepared	
4.	Cook meat dishes	4.1.	Follow standard recipes to select and use meat cookery methods	
		4.2.	Prepare marinades and meat accompaniments as required	

5. Present meat dishes	5.1.	Carve meats using appropriate tools and techniques, taking account of meat and bone structure and waste minimization
	5.2.	Portion and serve meats according to recipe requirements
	5.3.	Add sauces and garnishes according to standard recipes
	5.4.	Visually evaluate dishes and adjust presentation as required
	5.5.	Store dishes in appropriate environmental conditions
	5.6.	Clean work area, and dispose of or store surplus and re- usable by-products according to procedures, environmental considerations, and cost-reduction initiatives

Types of meat dishes

- Beef
- Lamb

Meat preparation techniques

- Ageing
- Boning and trimming
- Cutting and portioning
- Marinating
- Mincing
- Rolling
- Tenderising
- Trussing and tying
- skewering

cooking methods

- braising
- frying
- grilling
- roasting
- stewing

ASSESSMENT CONDITIONS

Assessment should demonstrate the knowledge and skills identified in the elements and performance criteria of this unit.

UNDERPINNING KNOWLEDGE	UNDERPINNING SKILLS
culinary terms and trade names	follow standard recipes to prepare meat
 contents of stock date codes and 	dishes such as beef and lamb
rotation labels	 use the following meat preparation
 meat classifications 	techniques;
 characteristics of meat products and 	• Ageing
meat dishes	Boning and trimming
 historical and cultural origin of 	Cutting and portioning
different meat products and meat	 Marinating
dishes	• Mincing
 preparation techniques for different 	• Rolling
cuts and types of meat specified in the	• Tenderising
performance evidence	Trussing and tying
 cookery methods for different cuts and 	• skewering
types of meat	 cooking methods
 equipment used to prepare and 	• braising
produce meat dishes	• frying
• mise en place requirements for meat	grilling
dishes	roasting
 appropriate environmental conditions 	stewing
for storing meat and meat products	S
 safe operational practices using 	
essential functions and features of	
equipment used to produce meat dishes	
 produce meat dishes mise en place requirements for meat dishes appropriate environmental conditions for storing meat and meat products safe operational practices using essential functions and features of 	braisingfryinggrilling

UNIT TITLE	Prepare and cook poultry				
DESCRIPTOR	This unit describes prepare and cook a the ability to select cookery and food s	a range of poultr t, prepare and p	y dishes followir ortion poultry, a	ng standard recip	es. It requires
CODE	TOU03S2U13V3	LEVEL	4	CREDIT	9

ELEMENTS OF		PERF	PERFORMANCE CRITERIA		
COMP	PETENCIES				
1.	1. Select ingredients		Calculate ingredient amounts according to requirements		
		1.2.	Identify and select poultry products and other		
			ingredients from stores according to recipe, quality, freshness and stock rotation requirements.		
2.	Select, prepare and use equipment	2.1.	Select type and size of knives and other equipment suitable to requirements		
		2.2.	Safely assemble and ensure cleanliness of equipment before use		
		2.3.	Use knives and other equipment safely and hygienically		
			according to manufacturer instructions		
3.	 Portion and prepare ingredients 		Thaw frozen poultry according to food safety guidelines		
	ingreateme	3.2.	Sort and assemble ingredients		
		3.3.	Weigh and measure ingredients and create portions according to recipe		
		3.4.	Use poultry preparation techniques according to recipe requirements		
		3.5.	Minimize waste to maximize profitability of food items prepared		
4.	Cook poultry dishes	4.1.	Follow standard recipes to select and use cookery methods for poultry.		
		4.2.	Prepare poultry accompaniments and add marinades as required		

5. Present poultry dishes	5.1.	Carve poultry using appropriate tools and techniques,	
		taking account of meat and bone structure and waste	
		minimization	
	5.2.	Portion and serve poultry according to recipe	
		requirements	
	5.3.	Add sauces and garnishes according to standard recipes	
		and regional variations	
	5.4.	Store dishes in appropriate environmental conditions	
	5.5.	Clean work area, and dispose of or store surplus and re-	
		usable by-products according to procedures,	
		environmental considerations, and cost-reduction	
		initiatives	

Poultry dishes

- Chicken
- Duck
- Turkey

Poultry preparation techniques

- de boning
- marinating
- rolling
- trussing
- stuffing
- trimming

poultry cookery methods

- braising
- deep frying
- grilling
- poaching
- roasting
- sautéing
- stewing

ASSESSMENT CONDITIONS

Assessment should demonstrate the knowledge and skills identified in the elements and performance criteria of this unit.

UNDERPINNING KNOWLEDGE	UNDERPINNING SKILLS
ingredients commonly used in the	poultry preparation techniques
production of different poultry dishes	poultry cookery methods
a variety of classical and contemporary	
poultry dishes	
different cuts of poultry and styles of	
cooking	
characteristics of poultry products and	
poultry dishes	
historical and cultural origin of different	
poultry products and poultry dishes	
preparation techniques for different cuts	
and types of poultry	
cookery methods for different cuts and	
types of poultry	
equipment used to produce poultry	
dishes	
mise en place requirements for poultry	
dishes	
appropriate environmental conditions	
for storing poultry products and dishes	
safe operational practices using essential	
functions and features of equipment	
used to produce poultry dishes	

UNIT TITLE	Prepare and cook seafood				
DESCRIPTOR	This unit describes prepare and cook a It requires the abil equipment, cooker	a range of fish a lity to select, pre	nd shellfish dish epare and portio	nes following star	ndard recipes.
CODE	TOU03S2U14V3	LEVEL	4	CREDIT	9

ELEMENTS OF	PERF	PERFORMANCE CRITERIA		
COMPETENCIES				
1. select ingredients	1.1.	Calculate ingredient amounts according to requirements		
	1.2.	Identify and select seafood products and other		
		ingredients from stores according to recipe, quality,		
		freshness and stock rotation requirements		
Select, prepare an equipment	d use 2.1.	Select type and size of knives and other equipment suitable to requirements		
	2.2.	Safely assemble and ensure cleanliness of equipment		
		before use		
	2.3.	Use knives and other equipment safely and hygienically		
		according to manufacturer instructions		
3. Portion and prepa	are 3.1.	Thaw frozen seafood according to food safety guidelines		
ingredients		as required.		
	3.2.	Weigh and measure ingredients and create portions according to recipe		
	3.3.	Use seafood preparation techniques according to recipe		
	3.4.	Minimize waste to maximize profitability of food items		
		prepared		
4. Cook seafood dish	nes. 4.1.	Follow standard recipes to select and use seafood		
		cookery methods		
	4.2.	Prepare seafood accompaniments and add sauces as		
		required		
5. Present fish and	5.1.	Portion and serve fish and shellfish according to recipe		
shellfish		requirements.		
	I			

5.2.	Add sauces and garnishes according to standard recipes
5.3.	Store dishes in appropriate environmental conditions
5.4.	Clean work area, and dispose of or store surplus and re- usable by-products according to procedures,
	environmental considerations, and cost-reduction initiatives

Seafood classification

- Flat and round fish
- Oily and white fish
- · Ocean and freshwater fish
- Octopus and squid
- Shellfish
- Whole or filleted fish

Seafood preparation techniques

- Cleaning
- De-scaling
- Pin-bone removal
- Filleting
- Portioning
- Shelling
- Skinning

Seafood cookery method

- Deep and shallow frying
- Grilling
- Poaching
- Roasting
- Sautéing
- Steaming

ASSESSMENT CONDITIONS

Assessment should demonstrate the knowledge and skills identified in the elements and performance criteria of this unit

UNDERPINNING KNOWLEDGE	UNDERPINNING SKILLS
ingredients commonly used in the	follow standard recipes to prepare
production of different fish and	seafood and shellfish dishes
shellfish dishes	use seafood preparation techniques

- variety of classical and contemporary seafood dishes
- different varieties of seafood and styles of cooking
- contents of stock date codes and rotation labels
- seafood classifications
- characteristics of seafood products and fish and shellfish dishes
- preparation techniques for fish and shellfish
- cookery methods for different varieties and cuts of fish and shellfish
- equipment used to produce seafood dishes
- mise en place requirements for seafood dishes
- appropriate environmental conditions for storing and thawing fish and shellfish products
- safe operational practices using essential functions and features of equipment used to produce seafood dishes

UNIT TITLE	Produce cakes, pastries and breads						
DESCRIPTOR	This unit describe	This unit describes the performance outcomes, skills and knowledge required to					
	produce cakes, pa	stries and bread	ls in a commerc	ial kitchen follow	ving standard		
	recipes. It require	recipes. It requires the ability to select, prepare and portion ingredients; and to					
	use relevant equipment a range of cookery methods to make and decorate cakes,						
	pastries and breads, and food storage methods						
CODE	TOU03S2U15V3	LEVEL	4	CREDIT	9		

ELEMENTS OF COMPETENCIES	PERFORMANCE CRITERIA
COMILIENCIES	
Select ingredients	1.1. Calculate ingredient amounts according to requirements
	1.2. Identify and select ingredients from stores according to
	recipe, quality, freshness and stock rotation
	requirements
2. Select, prepare and use equipment	2.1. Select type and size of equipment suitable to
equipment	requirements
	2.2. Safely assemble and ensure cleanliness of equipment
	before use
	2.3. Use equipment safely and hygienically according to
	manufacturer instructions
3. Portion and prepare	3.1. Weigh and measure wet and dry ingredients according
ingredients	to the recipe and quantity of cakes, pastries and breads
	required
	3.2. Prepare yeast-based dough to correct consistency and
	shape, according to standard recipes
	3.3. Minimise waste to maximise profitability of cakes,
	pastries and breads produced
4. Cook cakes, pastries,	4.1. Use cookery methods for cakes, pastries and breads and
breads	sweet and savoury fillings to achieve desired product
	characteristics
	4.2. Select baking conditions, required oven temperature
	and bake cakes, pastries and breads
L	

		4.3.	Cool in appropriate conditions to retain optimum freshness and product characteristics
5.	Decorate, present and store cakes pastries and breads	5.1.	Enhance appearance and taste of cakes, pastries and breads using suitable fillings, icings and decorations, according to standard recipes.
		5.2.	Apply icing to ensure a smooth and seamless finish
		5.3.	Visually evaluate cakes, pastries and breads and adjust presentation before displaying
		5.4.	Use suitable service-ware to attractively present cakes, pastries and breads according to standards
		5.5.	Display cakes, pastries and breads in appropriate conditions to retain optimum freshness and product characteristics
		5.6.	Store cakes, pastries and breads and reusable by- products in appropriate environmental conditions
		5.7.	Clean work area, and dispose of or store surplus and re- usable by-products according to procedures, environmental considerations, and cost-reduction initiatives

Cakes

- Sponge cake
- Mousse cake
- Fruit cake
- Meringues
- Muffins
- Swiss roll

Pastries

- Choux pastry
- Croissant
- Danish pastry
- Puff pastry
- Short crust
- Strudel

Breads

- Baguette
- Fruit bun
- Bread rolls

Cookery methods

- adding fats and liquids to dry ingredients
- chilling ingredients and work surfaces
- cutting, shaping and moulding
- kneading and handling
- preparing and using fillings
- preparing and using pre-bake finishes and decorations
- resting
- rolling
- selecting and preparing appropriate cake tins and moulds
- · stirring and aerating to achieve required consistency and texture
- · using required amount of batter according to desired characteristics of finished products
- weighing or measuring and sifting dry ingredients
- whisking, folding, piping and spreading

ASSESSMENT CONDITIONS

Assessment should demonstrate the knowledge and skills identified in the elements and performance criteria of this unit

UNDERPINNING KNOWLEDGE	UNDERPINNING SKILLS
ingredients commonly used to produce	follow standard recipes
cakes, pastries and breads	
Cakes	
Sponge cake	
Mousse cake	
Fruit cake	
Meringues	
Muffins	
Swiss roll	
Pastries	
Choux pastry	
Croissant	
Danish pastry	
Puff pastry	
Short crust	
Strudel	
Breads	
Baguette	
Fruit bun	
Bread rolls	
Cookery methods	
adding fats and liquids to dry	
ingredients	
chilling ingredients and work surfaces outting shaping and moulding	
cutting, shaping and mouldingkneading and handling	
 kneading and nandling preparing and using fillings 	
 preparing and using rinings preparing and using pre-bake finishes 	
and decorations	
• resting	
rolling	

- selecting and preparing appropriate cake tins and moulds
- stirring and aerating to achieve required consistency and texture
- using required amount of batter according to desired characteristics of finished products
- weighing or measuring and sifting dry ingredients
- whisking, folding, piping and spreading

UNIT TITLE	Produce desserts				
DESCRIPTOR	This unit describe produce hot, cold recipes. It requires equipment and a r	l and frozen des	sserts following ect, prepare and	standard and sportion ingredie	pecial dietary nts and to use
CODE	TOU03S2U16V3	LEVEL	4	CREDIT	9

ELEMENTS OF	PERFORMANCE CRITERIA			
COMPETENCIES				
Select ingredients	1.1. Calculate ingredient amounts according to requirements			
	1.2. Identify and select ingredients from stores according to recipe, quality, freshness and stock rotation requirements			
2. Select, prepare and use equipment	2.1. Select type and size of equipment suitable to requirements.			
	2.2. Safely assemble and ensure cleanliness of equipment before use			
	2.3. Use equipment safely and hygienically according to manufacturer instructions			
3. Portion and prepare ingredients	3.1. Weigh and measure wet and dry ingredients according to the recipe and quantity of desserts required			
	3.2. Minimise waste to maximise profitability of desserts produced			
4. Produce desserts and	4.1. Following standard recipes, produce desserts using			
sauces	cookery methods to achieve desired product characteristics			
	4.2. Follow special dietary recipes to produce desserts for those with special dietary requirements			
	4.3. Produce hot and cold sauces to desired consistency and flavor			
	4.4. Use thickening agents suitable for sweet sauces			
5. Portion, present and store desserts	5.1. Portion desserts to maximise yield and profitability of food production.			
	1			

5.2.	Use accompaniments that balance and enhance taste and texture of desserts.
5.3.	Select garnishes and decorations with flavours and textures that complement desserts
5.4.	Plate desserts, accompaniments and garnishes attractively, with artistic flair appropriate for the occasion and the item
5.5.	Plate and decorate desserts for practicality of service and customer consumption
5.6.	Display desserts with appropriate sauces and garnishes
5.7.	Store desserts in appropriate environmental conditions
5.8.	Clean work area, and dispose of or store surplus and re- usable by-products according to procedures, environmental considerations, and cost-reduction initiatives

Common desserts

- crème brulee
- crème caramel
- crêpes
- custards and creams
- fritters
- ice-cream
- meringues
- mousse
- parfait
- pies
- puddings
- sorbet
- soufflé
- tarts

cookery methods

- adding fats and liquids to dry ingredients
- baking
- chilling
- freezing
- poaching
- reducing
- steaming
- stewing
- stirring and aerating to achieve required consistency and texture
- using required amount of batter according to desired characteristics of finished products

- weighing or measuring and sifting dry ingredients
- whisking, folding, piping and spreading

common garnishes and decorations

- · coloured and flavoured sugar
- fruits
- jellies
- chocolate
- icing sugar
- nuts

ASSESSMENT CONDITIONS

Assessment should demonstrate the knowledge and skills identified in the elements and performance criteria of this unit

UNDERPINNING KNOWLEDGE	UNDERPINNING SKILLS
UNDERPINNING KNOWLEDGE Common desserts	Follow standard recipes Use garnishes and decorations

•	chocolate	
•	icing sugar nuts	
•	nuts	
	•	

UNIT TITLE	Produce and serve food for buffets				
DESCRIPTOR	This unit describe	This unit describes the performance outcomes, skills and knowledge required to			
	produce and present foods for buffets. It requires the ability to cook buffet foods and to present, serve and replenish them throughout the service period				
CODE	TOU03S2U17V3	LEVEL	4	CREDIT	9

ELEMENTS OF	PERF	PERFORMANCE CRITERIA			
COMPETENCIES					
Select ingredients	1.1.	Calculate the required quantities of buffet food and ingredients according to expected customer traffic			
	1.2.	Identify and select ingredients from stores according to recipe, quality, freshness and stock rotation requirements			
	1.3.	Check perishable supplies for spoilage or contamination prior to preparation			
2. Produce and present foods for buffets	2.1.	Use appropriate cookery methods and standard recipes to prepare foods for buffets			
	2.2.	Produce sauces and garnishes suitable for buffet food items			
	2.3.	Produce or obtain appropriate buffet showpieces and decorations			
	2.4.	Use buffet display plans to coordinate the layout of buffet			
	2.5.	Display hot and cold buffet food in appropriate service- ware at a safe temperature to avoid food hazards and spoilage			
3. Serve, replenish and store buffet foods	3.1.	Follow food safety procedures for displaying and serving hot and cold buffet foods to avoid food contamination			
	3.2.	Use portion control to minimise waste and maximise profit.			
	3.3.	Replenish buffet items throughout the service period to meet customer traffic requirements			

3.4.	Store	buffet	items	in	appropriate	environmental
	condit	ions bef	ore and	afte	r the buffet se	rvice period

Hot and cold buffet foods

- Breakfast foods
- Meat or poultry
- Seafood
- Salads
- Pasta or noodles
- Breads
- Fruits and vegetables
- Cheese
- Dessert and pastry items
- Themed foods

ASSESSMENT CONDITIONS

Assessment should demonstrate the knowledge and skills identified in the elements and performance criteria of this unit

UNDERPINNING KNOWLEDGE	UNDERPINNING SKILLS		
Hot and cold buffet foods Breakfast foods Meat or poultry Seafood Salads Pasta or noodles Breads Fruits and vegetables Cheese Dessert and pastry items Themed foods	presentation techniques for food items that comprise buffets		

UNIT TITLE	Present food
DESCRIPTOR	This unit describes the performance outcomes, skills and knowledge required to efficiently and professionally plate, present and serve food in a commercial kitchen or catering operation
CODE	TOU03S2U18V3 LEVEL 4 CREDIT 9

ELEMENTS OF	PERFORMANCE CRITERIA			
COMPETENCIES				
Prepare food for service	1.1. Identify foods for menu items			
	1.2. Arrange sauces and garnishes for specific dishes			
2. Portion and plate food	2.1. Ensure that sufficient supplies of clean, undamaged crockery are available at temperatures appropriate to food being served			
	2.2. Portion food according to standard recipes			
	2.3. Plate food and present neatly and attractively, without drips or spills, for the specified dish, taking into consideration eye appeal, colour and contrast, temperature of food, service equipment, and classical and innovative arrangement styles			
	2.4. Serve food to be displayed in public areas in appropriate serviceware at the correct temperature, in an attractive manner, without drips or spills and giving attention to colour.			
3. Work in a team	3.1. Demonstrate good teamwork with all kitchen and food service staff to ensure timely, quality service of food			
	3.2. Organise and follow a kitchen routine for food service to maximise food quality and minimise delays			
	3.3. Maintain a high standard of personal and work-related hygiene practices			

RANGE STATEMENT

A variety of foods must be plated, presented and served, including

• Entrees

- Main courses
- Desserts
- Soups
- Sandwiches
- Breakfast items
- Canapes

Service equipment

- Food and beverage trays
- Buffet or suitable table
- Dishes and platters
- Display items

ASSESSMENT CONDITIONS

Critical aspects of assessment

- Application of hygiene and safety principles and procedures
- Ability to plate, present and serve a general range of foods efficiently and within realistic workplace time constraints
- Ability to work as part of a team in a positive and courteous manner

Assessment context

- demonstration of skills within a fully equipped operational commercial kitchen
- access to a range of equipment for presenting food

assessment method

- direct observation of the candidate working as a member of a team and plating and presenting food
- direct observation of the candidate working as a member of a team and plating and presenting food
- direct observation of the candidate working as a member of a team and plating and presenting food

UNDERPINNING KNOWLEDGE	UNDERPINNING SKILLS
direct observation of the candidate	direct observation of the candidate
working as a member of a team and	working as a member of a team and
plating and presenting food	plating and presenting food
direct observation of the candidate	direct observation of the candidate
working as a member of a team and	working as a member of a team and
plating and presenting food	plating and presenting food
	direct observation of the candidate
	working as a member of a team and
	plating and presenting food

- direct observation of the candidate working as a member of a team and plating and presenting food
- direct observation of the candidate working as a member of a team and plating and presenting food
- direct observation of the candidate working as a member of a team and plating and presenting food
- direct observation of the candidate working as a member of a team and plating and presenting food

UNIT TITLE	Receive and store	stock			
DESCRIPTOR	This unit describes the performance outcomes, skills and knowledge required to check and take delivery of stock and appropriately store, rotate and maintain the quality of stock items.				
CODE	TOU03S2U19V3	LEVEL	4	CREDIT	9

ELEMENTS OF COMPETENCIES	PERF	FORMANCE CRITERIA
Take delivery of stock.	1.1.	Check incoming stock against orders and delivery documentation
	1.2.	Identify, record and report discrepancies
	1.3.	Inspect items for damage, quality and use-by dates and record findings according to organisational procedures
	1.4.	Record details of incoming stock according to organisational procedures
2. Store stock	2.1.	Promptly transport stock to, and store in, appropriate storage area
	2.2.	Use safe manual handling techniques to avoid injury when moving and storing stock
	2.3.	Label stock according to organisational procedures
	2.4.	Report on excess stock according to organisational procedures
3. Rotate and maintain	3.1.	Rotate stock for maximum use and minimum wastage
stock.	3.2.	Regularly check the quality of stock and report findings
	3.3.	Safely dispose of all excess or spoilt stock and waste, especially hazardous substances, to minimise negative environmental impacts
	3.4.	Maintain cleanliness of stock handling and storage areas, and identify and report problems
	3.5.	Use stock control systems and equipment according to organisational speed and accuracy requirements

Principles of stock control

- Rotation and replenishment
- product life cycle and maximising the use of all stock
- checking for slow moving items
- segregation of non-food items from food items that have potential to cross-contaminate

stock control systems

- bin card system
- imprest system
- integrated point-of-sale system
- ledger system

ASSESSMENT CONDITIONS

Skills must be demonstrated in an operational business where stock is received and stored. This can be:

- an industry workplace
- a simulated industry environment.

UNDERPINNING KNOWLEDGE	UNDERPINNING SKILLS		
Principles of stock control Rotation and replenishment product life cycle and maximising the use of all stock checking for slow moving items segregation of non-food items from food	 receive, store and maintain six different stock deliveries correctly interpret stock orders and delivery documentation for items received in the above deliveries complete stock documentation relating to each of the above stock deliveries 		
items that have potential to cross- contaminate stock control systems • bin card system • imprest system • integrated point-of-sale system • ledger system stock control procedures and template	 integrate into the above work activities: security procedures manual handling techniques commercial time constraints. 		
documents and reports for:			

- loss
- performance
- monitoring of quality
- receipt
- reorder cycles
- rotation
- security
- stocktakes
- valuation
- wastage

storage requirements for different kinds of stock

UNIT TITLE	Plan and cost basic menus				
DESCRIPTOR	This unit describes the performance outcomes, skills and knowledge required to				
	plan and cost basic menus for dishes or food product ranges for any type of cuisine				
	or food service style. It requires the ability to identify customer preferences, plan				
	menus to meet customer and business needs, cost menus and evaluate their				
	success				
CODE	TOU03S2U20V3 LEVEL 4		CREDIT	9	

ELEMENTS OF COMPETENCIES		PERF	ORMANCE CRITERIA
1.	Identify customer	1.1.	Identify the customer profile
	preferences	1.2.	Analyse food preferences of customer base
2.	2. Plan menus		Generate a range of ideas for menus for dishes or food production ranges, assess their merits, and discuss with relevant personnel
		2.2.	Choose menu items to meet customer preferences
		2.3.	Identify organisational service style and cuisine, and develop suitable menus
		2.4.	Include balanced variety of dishes or food production items for the style of service and cuisine
3.	Cost menus	3.1.	Itemise proposed components of included dishes or food production items
		3.2.	Calculate portion yields and costs from raw ingredients
		3.3.	Assess cost-effectiveness of proposed dishes or food production items and choose menu items that provide high yield
		3.4.	Price menu items to ensure maximum profitability
4.	Write menu content	4.1. Write menus using words that appeal to customer b and fit with the business service style.	
		4.2.	Use correct names for style of cuisine
		4.3.	Use descriptive writing to promote sale of menu items

5. Evaluate menu success	5.1.	Seek ongoing feedback from customers and others, and use to improve menu performance
	5.2.	Assess success of menus against customer satisfaction and sales data
	5.3.	Adjust menus based on feedback and profitability

Balanced variety

- Colors
- Cooking methods
- Delicacies
- Flavours
- Nutritional values
- Presentation
- seasonally available ingredients
- tastes
- textures

ASSESSMENT CONDITIONS

Skills must be demonstrated in a hospitality business operation where menus are planned and costed. This can be:

- an industry workplace
- a simulated industry environment or activity.

UNDERPINNING KNOWLEDGE	UNDERPINNING SKILLS		
sources of information on current	identify and evaluate the food		
customer profile and food preferences	preferences of customer groups with		
service style and cuisine	differing characteristics and use to		
costs of supply for ingredients	inform menu planning		
methods and formulas for calculating	develop and cost each of the following		
portion yields and costs from raw	menu types based on above		
ingredients	information:		
hospitality and catering industry	• à la carte		
desired profit margins, mark-up	• buffet		
procedures and rates	• cyclical		
different types and styles of menus for	• ethnic		
dishes or food production ranges for	• set		
different types of food outlets	• table d'hôte		
differing characteristics of customer	• seasonal		
groups			

- influence of seasonal products and commodities on menu content
- naming conventions and culinary terms for a variety of cuisines
- evaluate success of the above menus by obtaining feedback

UNIT	Coach others in jo	b skills			
DESCRIPTOR	This unit describes the performance outcomes, skills and knowledge required to provide on-the-job coaching to colleagues. It requires the ability to explain and demonstrate specific skills, knowledge and procedures and monitor the progress of colleagues until they are able to operate independently of the coach.				
CODE	TOU03S2U21V3	Level	4	Credit	9

ELEMENTS OF COMPETENCIES	PERFORMANCE CRITERIA
1. Prepare for on-the-job coaching.	1.1. Identified need for coaching based on a range of factors.1.2. Identified specific coaching needs through discussion with colleague and organise coaching sessions.
2. Coach colleagues on-the-job	 2.1. Explained overall purpose of coaching to colleague. 2.2. Explained and demonstrated specific skills. 2.3. Communicated required knowledge and checked colleague understanding. 2.4. Advised organizational procedures for completing workplace tasks. 2.5. Provided colleague with opportunity to practice skill and ask questions. 2.6. Provided feedback in constructive and supportive manner.
2. Follow-up coaching.	 2.1. Monitored progress of new workplace skills and provide supportive assistance. 2.2. Reported progress to the appropriate person. 2.3. Identified performance problems or difficulties with coaching and rectified or referred to appropriate person for follow-up.

Range Statement

Tools, equipment and material used in this unit may include

Factors may include:

- direction from colleagues
- own observation and workplace experience
- request for coaching from colleague to be coached.

Coaching sessions could be conducted in a range of contexts, including:

- before or after work
- in a simulated location away from the actual workplace
- on-the-job during work hours.
- Skills to be coached are generally those not requiring formal or extended training sessions customer service skills
- selling or promoting products and services
- technical or practical skills, such as operating equipment, making something or completing documentation.

Required knowledge refers to the essential knowledge required to carry out tasks or undertake skills effectively, such as:

- ingredients or components of items
- knowledge of products or services
- legislative, work health and safety and hygiene requirements
- principles underpinning skills, such as communication and selling
- reasons for undertaking various tasks.

Performance problems or difficulties may be due to:

- breakdown in communication
- inappropriate circumstances for coaching
- insufficient opportunity to practice
- language or cultural barriers
- shyness or lack of confidence.

ASSESSMENT GUIDE

Forms of assessment

A range of assessment methods should be used to assess practical skills and knowledge. The following examples are appropriate for this unit:

- direct observation of the individual coaching a colleague in a required work skill
- role plays to assess the individual s ability to use:
- active listening and open questioning techniques to confirm understanding of job tasks

- key training techniques
- use of problem-solving exercises so the individual can suggest ways of resolving performance problems or difficulties
- written or oral questioning to assess knowledge of key training principles
- review of portfolios of evidence and third-party workplace reports of on-the-job performance by the individual.

Assessment context

Assessment of this unit must be completed on the job or in a simulated work environment which reflects a range of safe working practices.

Critical aspects (for assessment)

It is essential that the candidate applied safety and hygiene guidelines effectively.

- provide supportive on-the-job coaching and provide constructive feedback
- clearly communicate and demonstrate the workplace tasks required of the colleague
- integrate knowledge of the key principles of training
- complete coaching activities within commercial time constraints to ensure the colleague is effective.

Underpinning Knowledge	Underpinning Skills
 objectives and scope of the coaching the key principles of training: explanation demonstration review listening to trainee explanation observing and evaluating trainee demonstration providing feedback. 	 communication skills to develop rapport, show sensitivity to the colleague initiative and enterprise skills to observe the colleague and aid without their request literacy skills numeracy skills to calculate adequate time required for coaching and the colleague to complete required tasks planning and organising skills to complete own work tasks within designated timelines and simultaneously coach others in their job skills

knowledge of colleagues • self-management skills to take responsibility for colleague coaching		 self-management skills to take responsibility for colleague coaching teamwork skills to pass on organisational
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UNIT	Monitor work ope	rations			
DESCRIPTOR	This unit describes oversee and monit communicate effect functions, and solv	or the quality of ctively with tea	of day-to-day v	work. It requires	s the ability to
CODE	TOU03S2U22V3	Level	4	Credit	6

ELEMENTS OF COMPETENCIES	PERFORMANCE CRITERIA
Monitor and improve workplace operations.	 1.1. Monitored efficiency and service levels through close contact with day-to-day operations. 1.2. Ensured workplace operations support overall organisational goals and quality assurance initiatives. 1.3. Identified quality problems and issues and make appropriate adjustments to procedures and systems, with relevant approvals. 1.4. Proactively consulted with colleagues about ways to improve efficiency and service levels, including potential for new technologies and other innovations. 1.5. Provided feedback to colleagues and management to inform future planning.
	1.6. Identified and took opportunities to evaluate current and emerging industry trends and practices for relevance to own work situation.1.7. Assessed and responded to opportunities to improve sustainability of day-to-day operations.
2. Plan and organise workflow.	 2.1. Assessed current workloads, and scheduled work to maximise efficiency and customer service quality within budget constraints. 2.2. Delegated work according to principles of delegation. 2.3. Assessed workflow and progress against agreed objectives and timelines.

	Ţ
	2.4. Assisted colleagues in prioritizing workload through supportive feedback and coaching.2.5. Provided timely input to appropriate management regarding staffing needs.
3. Monitor and support team members.	 3.1. Monitored team and individual performance against agreed goals and objectives. 3.2. Proactively shared information, knowledge and experiences with team members. 3.3. Challenged and tested ideas within the team in a positive and collaborative way. 3.4. Provided feedback, coaching and support to team members. 3.5. Completed and submitted organization records as required.
3. Solve problems and make decisions.	 3.1. Identified and analyzed workplace problems from an operational and customer service perspective. 3.2. Initiated short-term actions to resolve immediate problems where appropriate. 3.3. Analyzed problems for long-term impact, and assess and action potential solutions in consultation with relevant colleagues. 3.4. Where a team member raises a problem, encouraged individual participation in solving it. 3.5. Took follow-up action to monitor effectiveness of solutions.

Range Statement

Tools, equipment and material used in this unit may include

Procedures and systems may relate to:

- administration
- health and safety
- service standards
- technology
- work practices.

Sustainability may be:

- economic:
- business profitability

environmental:

- conservation of resources
- · handling of waste

social:

- cultural diversity
- ethical practices.

Principles of delegation may relate to:

- clear communication of what is required
- gaining commitment
- no undue interference
- regular reporting
- selecting the right person.

Workplace records may include:

- regular performance reports
- staff records.

Workplace problems may include:

- delays and time difficulties
- difficult customer service situations
- equipment breakdown or technical failure
- failure to deliver promised service to customers
- inadequate financial resources
- inadequate staffing
- poor rostering
- poor staff performance
- procedural inadequacies or failures
- unrealistic or impractical product development or marketing resulting in operational difficulties.

ASSESSMENT GUIDE

Forms of assessment

A range of assessment methods should be used to assess practical skills and knowledge. The following examples are appropriate for this unit:

 evaluation of a team-based project or work activity conducted by the individual, including reporting on that activity

- use of case studies and problem-solving exercises to assess ability to develop approaches to different workplace situations and problems
- written or oral questioning to assess knowledge of management principles, management roles and responsibilities and legal issues affecting operational management
- review of portfolios of evidence and third-party workplace reports of on-the-job performance by the individual.

Assessment context

Assessment of this unit must be completed on the job or in a simulated work environment which reflects a range of safe working practices.

Critical aspects (for assessment)

It is essential that the candidate applied safety and hygiene guidelines effectively.

Evidence of the ability to:

- plan and organise workflow for a team operation
- monitor and respond to a range of team based operational and service issues over a period of time
- demonstrate knowledge of work structures plus frontline management roles and responsibilities in the relevant industry sector
- demonstrate knowledge of quality assurance, workflow planning and delegation techniques in a frontline management context.

Underpinning Knowledge	Underpinning Skills
 work organisation and work planning methods appropriate to the industry sector leadership and management roles in the relevant industry sector operational functions in the relevant industry sector concepts of quality assurance and how it may be managed and implemented in the workplace 	 communication and leadership skills to delegate work within a team critical thinking skills to evaluate internal and external business information literacy skills numeracy skills to develop schedules and timelines for team activities planning and organising skills to coordinate multiple and potentially competing operational priorities

- sustainability considerations for frontline operational management, including:
- relationship between operational efficiency and financial sustainability
- ways of minimising waste in the relevant work context
- social responsibilities of the operation
- time management principles and their application to leaders and managers for planning own work and the work of others
- principles of effective delegation
- problem-solving and decision-making processes and techniques and their application to typical workplace issues
- industrial or legislative issues that affect short-term work organisation appropriate to the industry sector, including:
- relationship of relevant industrial awards to hours and conditions of work
- ensuring systems and procedures meet work health and safety requirements.

 problem-solving skills to anticipate and respond to a wide range of unpredictable operational problems and situations at a frontline management level.

UNIT	Provide work skill	instruction			
DESCRIPTOR	This unit describes conduct individual existing learning r unit covers the ski the training provid the training as bein	l and group inst esources in a sa lls and knowled led and one's ov	truction and de afe and comfor dge required to wn personal tra	emonstrate work table learning of determine the aining performa	skills, using environment. The
CODE	TOU03S2U23V3	Level	4	Credit	6

ELEMENTS OF COMPETENCIES	PERFORMANCE CRITERIA
1. Organise instruction and demonstration	1.1. Gathered information about learner characteristics and
	learning needs
	1.2. Confirmed a safe learning environment
	1.3. Gathered and checked instruction and demonstration
	objectives and seek assistance if required
	1.4. Accessed and reviewed relevant learning
	resources and learning materials for suitability and relevance,
	and seek assistance to interpret the contextual application
	1.5. Organise access to necessary equipment or physical
	resources required for instruction and demonstration
	1.6. Notified learners of details regarding the implementation of
	the learning program and/or delivery plan
2. Conduct instruction and demonstration	2.1. Used interpersonal skills with learners to establish a safe
demonstration	and comfortable learning environment
	2.2. Followed the learning program and/or delivery plan to cover
	all learning objectives
	2.3. Used delivery techniques to structure, pace and enhance
	learning
	2.4. Applied coaching techniques to assist learning
	2.5. Used communication skills to provide information, instruct
	learners and demonstrate relevant work skills

	2.6. Provided opportunities for practice during instruction and through work activities 2.7. Provided and discussed feedback on learner performance to support learning
3. Check training performance	3.1. Used measures to ensure learners are acquiring and can use new technical and generic skills and knowledge 3.2. Monitored learner progress and outcomes in consultation with learner 3.3. Reviewed relationship between the trainer/coach and the learner and adjust to suit learner needs
4. Review personal training performance and finalise documentation	 4.1. Reflected upon personal performance in providing instruction and demonstration, and document strategies for improvement 4.2. Maintained, stored and secured learner records according to organisational and legal requirements

Range Statement

Tools, equipment and material used in this unit may include:

Learner characteristics may include:

- language, literacy and numeracy levels
- learning styles
- past learning and work experiences
- specific needs
- workplace culture.

Safe learning environment may include:

- exit requirements
- personal protective equipment
- safe access
- safe use of equipment.

Instruction and demonstration objectives may include:

- competencies to be achieved
- generic and technical skills, which may be:
- provided by the organisation
- developed by a colleague
- individual or group objectives
- learning outcomes.

Learning resources may include:

- any material used to support learning, such as:
- learner and user guides
- trainer and facilitator guides
- example training programs
- specific case studies
- professional development materials
- assessment materials
- a variety of formats
- those produced locally
- those acquired from other sources.

Learning materials may include:

- handouts for learners
- materials sourced from the workplace, e.g. workplace documentation, operating procedures, and specifications.

Details may include:

- location and time
- outcomes of instruction or demonstration
- reason for instruction or demonstration
- who will be attending instruction session.

Delivery techniques may include:

- coaching
- demonstration
- explanation

- group or pair work
- providing opportunities to practice skills and solve problems
- questions and answers.

Coaching may include:

- learning arrangements requiring immediate interaction and feedback
- on-the-job instruction and 'buddy' systems
- relationships targeting enhanced performance
- short-term learning arrangements
- working on a one-to-one basis.

Measures may include:

- informal review or discussion
- learner survey
- on-the-job observation
- review of peer coaching arrangements.

ASSESSMENT GUIDE

Forms of assessment

- on-the-job observation
- review of peer coaching arrangements

Assessment context

Assessment of this unit must be completed on the job or in a simulated work environment which reflects a range of safe working practices.

Critical aspects (for assessment)

It is essential that the candidate applied safety and hygiene guidelines effectively.

Evidence of the ability to:

- carry out a minimum of three training sessions, involving demonstrating and instructing particular work skills for different groups; with each session addressing:
- different learning objectives
- a range of techniques and effective communication skills appropriate to the audience.

Underpinning Knowledge	Underpinning Skills
 learner characteristics and needs content and requirements of the relevant learning program and/or delivery plan sources and availability of relevant learning resources and learning materials content of learning resources and learning materials training techniques that enhance learning and when to use them introductory knowledge of learning principles and learning styles relevant policies and procedures, including hazard identification, risk assessment, reporting requirements, safe use of equipment and emergency procedures risk controls for the specific learning environment 	 time-management, skills to ensure all learning objectives are covered reflection skills in order to identify areas for improvement literacy skills to complete and maintain documentation technology skills to operate audio-visual and technical equipment interpersonal skills to engage, motivate and connect with learners observation skills to monitor learner acquisition of new skills, knowledge and competency requirements

UNIT TITLE				_	
	Participate in enviro	nmentally sust	ainable work	practices	
DESCRIPTOR	This unit describes t to effectively measu including reducing t	re current reso	urce use and	to carry out im	provements
CODE	TOU03S2U24V3	Level	4	Credit	6

ELEMENTS OF	PERFORMANCE CRITERIA
COMPETENCIES	
Identify current resource use	 1.1 Identified workplace environmental and resource efficiency issues 1.2 Identified resources used in own work role 1.3 Documented and measured current usage of resources using appropriate technique 1.4 Recorded and filed documentation measuring current usage, using technology (such as software systems) where applicable 1.5 Identified and reported workplace environmental hazards to appropriate personnel
Comply with environmental regulations	2.1 Followed workplace procedures to ensure compliance 2.2 Reported breaches or potential breaches to appropriate personnel
3. Seek opportunities to improve resource efficiency	 3.1 Followed organisational plans to improve environmental practices and resource efficiency 3.2 Worked as part of a team, where relevant, to identify possible areas for improvements to work practices in own work area 3.3 Made suggestions for improvements to workplace practices in own work area

Range Statement

Environmental and resource efficiency issues may include:

- maximising opportunities to improve business environmental performance
- minimising environmental risks
- promoting more efficient production and consumption of natural resources, for example minimising waste by participating in or using a waste management system
- using resources efficiently such as material usage, energy usage (seeking alternative sources of energy or energy conservation) or efficient water usage

Appropriate techniques may include:

- examining and documenting resources in work area
- examining invoices from suppliers
- examining relevant information and data
- measuring resource usage under different conditions
- reports from other parties involved in the process of identifying and implementing improvements

Compliance may include:

- meeting relevant laws, by-laws and regulations or best practice to support compliance in environmental performance and sustainability at each level as required:
- international
- local government
- industry
- organisation

Organisational plans may include:

- documented policies and procedures
- work plans to minimise waste or to increase efficiency of resources such as a green office program, supply chain program for purchasing sustainable products or an environmental management framework

Suggestions may include ideas that help to:

- improve energy efficiency
- increase use of renewable, recyclable, reusable and recoverable resources
- maximise opportunities such as use of solar power or other alternative forms of energy, where appropriate
- prevent and minimise risks

ASSESSMENT GUIDE

A range of assessment methods should be used to assess practical skills and knowledge. The following examples are appropriate for this unit:

- direct questioning combined with review of portfolios of evidence and third-party workplace reports of on-the-job performance by the candidate
- observation of demonstrated techniques over time and in a range of situations
- analysis of responses to case studies and scenarios

- review of documentation measuring current resource usage
- review of identified and reported workplace environmental hazards.

Assessment context

Assessment of this unit must be completed on the job or in a simulated work environment.

Critical aspects

Evidence of the following is essential:

- accessing, interpreting and complying with a range of environment/sustainability legislation and procedural requirements relevant to daily responsibilities
- accurately following organisational information to participate in and support an improved resource efficiency process and reporting as required
- developing and/or using tools such as inspection checklists, to collect and measure relevant information on organisation resource consumption, within work role
- identifying organisational improvements by applying efficient resource use to daily activities
- knowledge of environmental and resource hazards/risks.

Underpinning Knowledge	Underpinning Skills		
 environmental and resource hazards/risks environmental or sustainability legislation, regulations and codes of practice applicable to own work role OHS issues and requirements organisational structure, and reporting channels and procedures relevant environmental and resource efficiency systems and procedures sustainability in the workplace terms and conditions of employment including policies and procedures, such as daily tasks, employee and employer rights, equal opportunity. 	 analytical skills to comply with all relevant legislation associated with job specifications and procedures communication and problem-solving skills to question, seek clarification and make suggestions relating to work requirements and efficiency communication and teamwork skills to recognise procedures; to follow instructions; to respond to change, such as current workplace environmental/sustainability frameworks; and to support team work and participation in a sustainable organisation literacy, numeracy and technology skills to interpret workplace information in relation to work role, and to document and measure resource use technology skills to select and use technology appropriate for a task. 		

UNIT TITLE	Manage diversity in the workplace				
DESCRIPTOR	This unit describes the performance outcomes, skills and knowledge required to manage diversity in the workplace. It covers implementing the organization's policy on diversity, fostering diversity within the work team, and promoting the benefits of a diverse workplace.				
CODE	TOU03S2U25V3	Level	4	Credit	6

ELEMENTS OF COMPETENCIES	PERFORMANCE CRITERIA		
Implement diversity policy	 1.1 Located and reviewed diversity policy 1.2 Determined its application to the specific work context 1.3 Instituted actions to ensure that the diversity policy is understood and implemented by relevant parties 1.4 Provided feedback and suggestions for improvement to ensure currency and efficacy of diversity policy 		
2. Foster respect for diversity in the work team	 2.1 Addressed own prejudices and demonstrate respect for difference in personal interactions 2.2 Aimed for diversity in selecting and recruiting staff 2.3 Identified and addressed training needs to address issues of difference in the team 2.4 Managed tensions and encourage collaboration and respect between staff who struggle to work effectively with difference 2.5 Assisted staff to see that working effectively with difference is a strength that can improve the products, services and customer relations 2.6 Managed allegations of harassment and addressed complaints according to established organisational procedures 		
3. Promote the benefits of diversity	 3.1 Promoted the workforce diversity in internal and external forums to enhance the image and reputation 3.2 Captured ideas and information from the diversity in the workforce to enhance products and services and contribute to competitive advantage 3.3 Supported organisational efforts to value diversity 		

Range Statement

Diversity may relate to:

any form of difference, such as:

> ability, aptitude and disability

- > age
- > culture
- > ethnicity
- gender
- > language
- > marital status or family arrangements
- nationality
- > personality
- > race
- > religion
- > sexuality

Actions may include:

- displaying policy on noticeboards and other public areas
- distributing copies of policy to staff
- > explaining policy to staff at meetings or other forums
- reinforcing key messages from policy in supervisory discussions, performance appraisals or other interactions.

Training needs may involve:

- cultural competency training
- > culturally-specific training
- diversity training
- > equal opportunity training
- > ethics training
- > grievance management training
- human rights training
- > recruitment and selection training
- workplace bullying, discrimination or harassment training.

Complaints may include:

informal complaints that are managed within the workplace.

Internal and external forums may include:

- business meetings
- > conferences and seminars
- > newsletters and bulletins
- professional networks
- > staff meetings
- > staff updates.

ASSESSMENT GUIDE

The following assessment methods are appropriate for this unit:

- direct questioning combined with review of portfolios of evidence and third-party workplace reports of on-the-job performance by the candidate
- > observation of demonstrated techniques in performance management
- observation of presentations around protocols for handling complaints and bullying or harassment
- > review of strategies developed to ensure that diversity is understood and respected in the work team
- > oral or written questioning to assess knowledge of human rights and relevant legislative requirements.

Assessment context

Assessment of this unit must be completed on the job or in a simulated work environment.

Critical aspects

Evidence of the following is essential:

- promotion of strategies to ensure that diversity is understood and respected in the work team
- demonstration of compliance with protocols for handling complaints of bullying or harassment.

Underpinning k	nowled	lge		Underpinning skills		
• formal procedur	and es	informal	complaints	 analytical skills to determine how to make intelligent applications of policy in the work context communication skills to explain and promote the benefits of diversity and relate to people from a range of backgrounds learning skills to assist people within the organisation to understand the diversity policy, using different methods to cater for differences in learning styles self-management, learning and development skills to reflect on and review own prejudices 		

UNIT TITLE	Practice career professionalism				
DESCRIPTOR	This unit covers the knowledge, skills and attitudes in promoting career growth and advancement.				
CODE	TOU03S2U26V3	Level	4	Credit	6

	EMENTS OF DMPETENCIES	PERFORMANCE CRITERIA		
1.	Integrate personal objectives with organizational goals	1.1	Personal growth and work plans are pursued towards improving the qualifications set for the profession	
		1.2	Intra- and interpersonal relationships are maintained in the course of managing oneself based on performance evaluation	
		1.3	Commitment to the organization and its goal is demonstrated in the performance of duties	
2.	Set and meet work priorities	2.1	Competing demands are prioritized to achieve personal, team and organizational goals and objectives.	
		2.2	Resources are utilized efficiently and effectively to manage work priorities and commitments	
		2.3	Practices along economic use and maintenance of equipment and facilities are followed as per established procedures	
3.	Maintain professional growth and development	3.1	Trainings and career opportunities are identified and availed based on job requirements	
	_	3.2	Recognitions are received and demonstrated as proof of career advancement	
		3.3	Licenses and/or certifications relevant to job and career are obtained and renewed	

Range Statement

Evaluation:

- Performance Appraisal
- Psychological Profile
- Aptitude Tests

Resources:

- Human
- Financial
- Technology
 - Hardware
 - o Software

Trainings and career opportunities:

- Participation in training programs
 - Technical
 - Supervisory
 - o Managerial
 - Continuing Education
- Serving as Resource Persons in conferences and workshops

Recognitions:

- Recommendations
- Citations
- Certificate of Appreciations
- Commendations
- Awards
- Tangible and Intangible Rewards

Licenses and/or certifications:

- National Certificates
- Certificate of Competency
- Support Level Licenses
- Professional Licenses

ASSESSMENT GUIDE

A range of assessment methods should be used to assess practical skills and knowledge. The following examples are appropriate for this unit:

- Portfolio Assessment
- Interview
- Simulation/Role-plays
- Observation
- Third Party Reports
- Exams and Tests

Assessment context

Assessment of this unit must be completed on the job or in a simulated work environment.

Critical aspects

Evidence of the ability to:

- Attained job targets within key result areas (KRAs)
- Maintained intra and interpersonal relationship in the course of managing oneself based on performance evaluation
- Completed trainings and career opportunities which are based on the requirements of the industries
- Acquired and maintained licenses and/or certifications according to the requirement of the qualification

Underpinning knowledge	Underpinning skills
 Work values and ethics (Code of Conduct, Code of Ethics, etc.) Company policies Company-operations, procedures and standards Fundamental rights at work including gender sensitivity Personal hygiene practices 	 Appropriate practice of personal hygiene Intra and Interpersonal skills Communication skills