



Thank you for choosing Precision Regenerative and Functional Medicine. Please completely fill out this form to ensure the fastest and best service. We may ask you to look over this information from time to time to make sure it stays up-to-date.

Patient name: _____ Date of birth: _____

Address: _____ Sex: ___ Male ___ Female

City, State, Zip: _____ Marital status: M S D W

Preferred language: ___ english ___ spanish ___ other Race: _____ Ethnicity: _____

Social security number: _____ Employer: _____

Home number: _____ Work phone: _____

Mobile number: _____ Email address: _____

Emergency contact: _____ Emergency phone number: _____

Insurance company name and policy number
Primary (see insurance card): _____ Insurance company name and policy number
Secondary (see insurance card): _____

Ins. name: _____ Ins. name: _____

Policy holder: _____ Policy holder: _____

Policy number: _____ Policy number: _____

Group number: _____ Group number: _____

Primary care physician: _____ Referring physician: _____

If you are covered under the policy of a spouse, partner, parent, or legal guardian, please tell us about them:

Name of insured: _____ Social security number: _____

Date of birth: _____ Address: _____

Home phone: _____ Work phone: _____

Mobile phone: _____ Sex: ___ Male ___ Female

Employer: _____



Appointment Information

Dear Patient

Your appointment is on date: _____ at: _____

The attached patient information forms are sent to you to complete at your convenience. Please either email them or fax the completed forms to our office **24 hours** prior to your scheduled appt. Fax: 512-892-0589 email info@austinppc.com. If you are unable to send them please bring them to your office visit. If you are able to complete this paperwork in advance please arrive **15 minutes** prior to your scheduled time. If you would like to complete the paperwork at our office please arrive **45 minutes** prior to your scheduled time.

***Your appointment will be rescheduled if you are not able to complete this paperwork prior to your scheduled time.**

Please note:

- * If the patient is a minor, they will need to be accompanied by their legal guardian.
- * Be sure to list all drug allergies.
- * We will need all guarantor/ responsible party information.
- * A complete list of all medications is needed.
- * Bring your insurance card(s) and your co-payment.
- * Bring any medical records, x-rays, MRIs, CT scans, etc.
- * All canceled appointments must be called in at least 24 hours prior to your scheduled appointment.

**** IN THE EVENT YOU FORGET YOUR X-RAYS OR MRI SCANS, THE OFFICE WILL RESCHEDULE YOUR APPOINTMENT****

For additional information please visit our website at www.austinppc.com. Should you have any other questions, please call us at (512) 892-0490.

Thank you,

Precision Regenerative and Functional Medicine



Financial Policy and Assignment of Benefits

Precision Regenerative and Functional Medicine is dedicated to providing the best possible care and service to you. We regard your understanding of all your financial responsibilities as an essential element of your treatment.

* We have made prior arrangements with many insurers and health plans (HMO & PPO) to accept an assignment of benefits. We will bill those plans and will only require you to pay the authorized copayment, coinsurance and/or deductible at the time of service. **The office policy is to collect this copayment, coinsurance and/or deductible when you arrive for your appointment.** This amount is an estimate and is based on the most recent insurance verification obtained by our office staff.

* If your insurance policy requires a referral for Precision Regenerative and Functional Medicine, please understand we will request this referral from your referring practitioner prior to your appointment, but it is ultimately your responsibility to obtain this referral. If your services are denied because the referral was not received, you will be responsible for the full charged amount.

* **Private pay patients are required to pay in full at the time of service.** A quote will be provided for any and all procedures prior to your appointment.

* We accept VISA, Mastercard, and Discover. Please be advised that there is a \$20 service charge on all returned checks.

* Your insurance policy is a contract between you and your insurance company. As a courtesy, we will file your insurance claim for you, if you assign the benefits to our doctor. If your insurance company does not pay our office within 90 days, you will be responsible for payment. If we later receive a check from your insurer, we will refund any overpayment.

* All health plans are not the same and do not cover the same services. In the event that your health plan determines a service to be "not covered" you will be responsible for the complete charge. Payment is due upon receipt of a statement from our office.

* If you have a medical procedure performed by our physician at a location other than our office you and/or your insurance company will receive two bills, one from our physician for his professional services and one from the facility where the procedure was performed.

* For all services rendered to minor patients, the parent and/or legal guardian will be responsible for payment.

* If you receive a statement from Precision Regenerative and Functional Medicine the balance needs to be paid in full within 30 days of receipt unless prior arrangements have been made. Any remaining balances due after 90 days will be considered delinquent and will be turned over to an outside collection agency. Future appointments will not be scheduled until balances have been paid in full or a written payment plan has been agreed to by our office. Please be sure to update any contact changes with our office staff so you can be reached regarding your balance.

* In order to provide the best possible service and availability to all our patients, please call us as early as possible if you know you will need to reschedule your appointment. Please see the attached cancellation no show policies and fees.

*I hereby assign all medical and surgical benefits, to include major medical benefits, to which I am entitled. I hereby authorize and direct my insurance carrier(s), including Medicare, private insurance and other health/medical plan, to issue payment check(s) directly to **Precision Pain Consultants** for medical services rendered to myself and/ or my dependents regardless of my insurance. In the event that the insurance payment is sent directly to me, I realize that I will be billed personally until the balance is paid.

I have read and understand the financial policy and assignment of benefits of the practice and I agree to be bound by its terms. I also understand and agree that the practice may amend such terms from time-to-time.

Patient /responsible party signature

Date



CANCELATION AND NO SHOW POLICIES AND FEES

This is a reminder of our policy regarding missed appointments. When one patient misses their appointment and does not let us know, or when one patient cancels their appointment late (less than 24 hours prior to the appointment), it not only affects our staff, but also other patients.

As you know, our patients are in pain. They like to be seen and treated as soon as possible. We do our best to see and treat everybody as soon as we can, but also allow enough time on our schedule for every patient to be heard and examined, and for questions to be answered. We are respectful of our patients' time, and we ask our patients to be respectful of our time.

When somebody does not call to cancel their appointment and simply just does not show up, or calls and cancels their appointment at the last minute, we cannot schedule another patient on such short notice. We lose time that day and somebody else continues to wait to see us, while suffering in pain.

Charging for missed appointments is not something we like to do. It can be avoided with a minimum of courtesy and good communication. Please help us continue to treat you and everybody else at the standards you deserve.

FOLLOW-UP APPOINTMENTS

NO-SHOW OR MISSED WITHOUT 24 HOURS NOTICE WILL BE CHARGED \$50.00.

CANCELED WITH LESS THEN 24 HOURS NOTICE WILL BE CHARGED \$25.00

**IF YOU ARRIVE MORE THEN 15 MINUTES LATE FOR A FOLLOW UP APPT,
YOUR APPT MAY BE RESCHEDULED AND YOU WILL BE CHARGED \$25.00**
(this is at the providers discretions)

PROCEDURE APPOINTMENTS

NO-SHOW OR MISSED WITHOUT 24 HOURS NOTICE WILL BE CHARGED \$150.00

CANCELED WITH LESS THEN 24 HOURS NOTICE WILL BE CHARGED \$50.00

NEW PATIENT APPOINTMENTS

NO-SHOW OR MISSED WITHOUT 24 HOURS NOTICE WILL BE CHARGED \$50.00

CANCELED WITH LESS THEN 24 HOURS NOTICE WILL BE CHARGED \$25.00

FEES NEED TO BE PAID IN FULL BEFORE APPTS WILL BE RESCHEDULED

Patient signature: _____ date: _____



Authorization for Release and Disclosure of Protected Health Information

In accordance with state law and regulatory agency requirement, the health record is the property of Precision Pain Consultants (PPC). I hereby authorize the PPC/PRFM Medical Records custodian to release information from the medical records of:

Patient name: _____ DOB: _____ SSN: _____

Address: _____ City/State/Zip: _____

Telephone: _____ Alternate contact number: _____

Information may be released to:

Facility or Physician:

Precision Regenerative and Functional Medicine
 4613 Bee Caves Rd., Ste 105
 Westlake Hills, Texas 78746
 (512) 892-0490

Name: _____
 Address: _____
 City/State/Zip: _____
 Phone: _____

Please release the following information:

- | | | | |
|--|--|--|--|
| <input type="checkbox"/> Problem list | <input type="checkbox"/> X-Ray reports | <input type="checkbox"/> Mental health | <input type="checkbox"/> Outside report |
| <input type="checkbox"/> Progress notes | <input type="checkbox"/> X-Ray films | <input type="checkbox"/> Drug/Alcohol | <input type="checkbox"/> Immunizations |
| <input type="checkbox"/> EKG reports | <input type="checkbox"/> Lab report | <input type="checkbox"/> HIV/AIDS test | <input type="checkbox"/> Medication list |
| <input type="checkbox"/> History and physical exam finding | <input type="checkbox"/> Other reports (specify) _____ | | |

This information is necessary for the following:

- Continued patient care Personal use Attorney/legal Insurance

Other (specify) _____

- I understand that the information in my health record may include information relating to sexually transmitted diseases, acquired immunodeficiency syndrome (AIDS) or human immunodeficiency virus (HIV). It may also include information about behavioral or mental health services and treatment for alcohol/drug abuse.
- I understand that I have a right to revoke this authorization at any time. I understand that if I revoke this authorization I must do so in writing and present my written revocation to the health information that has already been release in response to this authorization. I understand that the revocation will not apply to my insurance company when the law provides my insurer with the right to contest a claim under my policy. Unless otherwise revoked, this authorization will expire on the follow days, event, or condition: _____ . If I fail to specify an expiration date, event or condition, this authorization will expire in six (6) months.
- I understand that authorizing the disclosure of this health information is voluntary. I can refuse to sign this in order to assure treatment. I understand that with certain exceptions, I may inspect or copy the information to be used or disclosed. I understand that any disclosure of information carries with it the potential for an unauthorized re-disclosure and the information may not be protected by federal confidentiality rules. If I have any questions about disclosure of my health information, I can contact the Health Information Management Manager at (512) 892-0490.

 Signature of patient or legal representative

 Date

 Relationship to patient

 Date



Acknowledgement of Receipt of Privacy Notice

I, _____, understand that as part of my health care, Precision Regenerative and Functional Medicine originates and maintains paper and/or electronic records describing my health history, symptoms, examination and test results, diagnoses, treatment, as well as plans for future care. I understand that this information serves as:

- * A basis for planning my treatment;
- * A means to facilitate communication among the many healthcare professionals who contribute to my care;
- * A source of information for applying my diagnosis and surgical information to my bill;
- * A means by which a third-party payer can verify that services billed were actually provided;
- * A tool for healthcare operations of Precision Pain Consultants such as assessing quality of care and reviewing the competence of healthcare professionals.

I understand that as part of Precision Regenerative and Functional Medicine treatment, payment, or healthcare operations, it may become necessary to disclose my protected health information to another entity for the purposes stated above.

I understand I have the right to review a **Notice of Privacy Practices** that provides a more complete description of how Precision Regenerative and Functional Medicine may use and disclose my protected healthcare information. I further understand that Precision Regenerative and Functional Medicine reserves the right to change its **Notice of Privacy Practices**. Should Precision Regenerative and Functional Medicine change its **Notice of Privacy Practices**, an amended copy will be posted in a prominent location in the practice site, or, upon my request, an amended copy will be sent to the address I have provided.

I agree that Precision Regenerative and Functional Medicine may do the following unless I specifically give direction prohibiting such activity:

- * Send visit reminders and test results to the address I have provided.
- * Send routine correspondence, such as billing statements, to the address I have provided.
- * Leave messages on answering machine or voicemail associated with the telephone numbers I have provided to either confirm appointments or to request that I call the practice for medical or billing matters.
- * Speak to or leave message with the family members/friends listed below:

Name: _____ Relationship to patient: _____ Contact number: _____

Name: _____ Relationship to patient: _____ Contact number: _____

Patient's signature or signature of personal representative

Date



I. PATIENT PROFILE:

Your first visit & medical history

Today date: ___/___/___

Patient name: _____

Your birth date: ___/___/___

Age: _____

Height: _____

Weight: _____

II. CHIEF COMPLAINT:

Indicate your primary complaint: (neck, back, extremity, etc.)

III. HISTORY:

A. PRESENT ILLNESS:

When did this pain begin? _____

What were the circumstances that started the pain that you are being seen for today?

Is your pain the result of a ...

___ Fall ___ Auto accident ___ Injury on the job ___ Other

C. RED FLAGS (RISK FACTORS)

- | | | |
|--|---------|--------|
| 1. Tumor/cancer | ___ Yes | ___ No |
| 2. Infection | ___ Yes | ___ No |
| 3. Fracture | ___ Yes | ___ No |
| 4. Progressive focal neurologic deficits | ___ Yes | ___ No |
| 5. Bowel/bladder incontinence | ___ Yes | ___ No |
| 6. Saddle anesthesia | ___ Yes | ___ No |
| 7. Medical cause of low back pain | ___ Yes | ___ No |

Patient: _____

OFFICE USE ONLY (DO NOT WRITE ON THIS PAGE)

B. COMPLAINTS:

Dominant Pain:

Site:

Character:

Aggravating factors:

Alleviating factors:

Secondary Pain:

Site:

Character:

Aggravating factors:

Alleviating factors:

C. RED FLAGS (RISK FACTORS)

D. PAIN/PAIN BEHAVIOR:

1. VAS scale: Now _____ Range _____

2. NPDS / Roland Morris: _____

3. MSPQ: _____

4. Zung: _____

5. DRAM: _____

6. DAST: _____ SOAPP-R _____

7. PRFM Hormone score: _____

8. Pain medication:

E. PAST MEDICAL HISTORY:

1. List any **ALLERGIES** you have to medications, foods, etc.

Have you ever had a reaction to?

- Iodine / Seafood/ IV Contrast
 Marcaine / Lidocaine
 Steroids
 Versed
 Other

2. Medical Illnesses:

a. Current illnesses: in the last month, have you...

- Been on antibiotics No Yes
 Had any invasive procedures No Yes
 Had a GI infection No Yes
 Had a lung infection No Yes

b. Chronic illnesses: do you have a CHRONIC ILLNESS?

Describe. _____

c. Do you have any of the following medical conditions?

- AIDS/HIV No Yes
 Arthritis or joint pain No Yes
 Bleeding disorders No Yes
 Cancer (type if known) No Yes
 Diabetes (type) No Yes
 Epilepsy/seizures. No Yes
 Heart problems (CAD, MI, arrhythmia). No Yes
 Hypertension No Yes
 Liver problems (hepatitis, etc.) No Yes
 GI problems (ulcers, diarrhea, constipation) No Yes
 Kidney problems No Yes
 Hormonal problems (thyroid, etc.) No Yes
 Muscle diseases No Yes
 Migraines/headaches No Yes
 Neurologic disorders (MS, Alzheimer's etc.) No Yes
 Mental health (addiction, depression, anxiety) No Yes

3. Surgeries (give dates and names of surgeon):

Non-spinal:

Spinal:

Patient: _____

F. REVIEW OF SYSTEMS

Recently, have you had?

Change in sleeping pattern	_____ No	_____ Yes
Constitutional symptoms (fever, weight loss)	_____ No	_____ Yes
Eye problems	_____ No	_____ Yes
Ears/Nose/Mouth/Throat problems	_____ No	_____ Yes
Cardiovascular (chest pain, arrhythmia)	_____ No	_____ Yes
Respiratory (shortness of breath)	_____ No	_____ Yes
GI (nausea/vomiting/diarrhea/constipation)	_____ No	_____ Yes
Genitourinary	_____ No	_____ Yes
Musculoskeletal	_____ No	_____ Yes
Skin	_____ No	_____ Yes
Neurologic	_____ No	_____ Yes
Psychiatric	_____ No	_____ Yes
Hematologic/Lymphatic	_____ No	_____ Yes
Allergic/immunologic	_____ No	_____ Yes

F. SOCIAL HISTORY:

1. Do you smoke? _____ No _____ Yes...how many packs a day? _____
2. Do you drink alcohol? _____ No _____ Yes...how many drinks a week? _____
3. Marital status:
4. Employment:

G. FAMILY HISTORY:

1. Do you have a family history of musculoskeletal or joint disease? _____ No _____ Yes
 2. Do you have a family history of spinal disease or spinal surgery? _____ No _____ Yes
 3. Do you have a family history of any chronic disease or condition? _____ No _____ Yes
- Describe _____

VITALS:

Blood Pressure
Pulse
Resp
Temp
Weight
Height

Patient name: _____ DOB: _____

Medication Chart

We will have you update this list every time you visit.

Name of medication	Dose(mg)	Frequency(how may times a day?)	Date and time of last dose
1. _____	_____	_____	_____ am pm
2. _____	_____	_____	_____ am pm
3. _____	_____	_____	_____ am pm
4. _____	_____	_____	_____ am pm
5. _____	_____	_____	_____ am pm
6. _____	_____	_____	_____ am pm
7. _____	_____	_____	_____ am pm
8. _____	_____	_____	_____ am pm
9. _____	_____	_____	_____ am pm
10. _____	_____	_____	_____ am pm

Allergies _____

Main reason for today's visit:

Other concerns I would like to discuss if there is time:

Please check all that apply:

_____ I have prescriptions that need to be refilled _____ I need a school or work excuse

_____ I need a referral for my insurance company _____ I need the attached forms filled out

Name of pharmacy for prescriptions: _____

Phone # of pharmacy: _____

Clinician initials: _____



Medication Agreement and Instruction

You are expected to use your medication appropriately. Do not share, sell or otherwise permit others access to your medication. Take your medication only as directed on the bottle or explained to you by the physicians or physician's assistants. Store your medication in a safe place. Count your medication at the pharmacy when receiving it.

Only one provider (physician/physician assistant) should prescribe and maintain your medication.

If you find your medication is not effective, do not increase your medication dosages yourself. Please email info@austinppc.com or call 512.892.0490 to speak with a medical assistant. While we try to answer everybody promptly, you must allow at most 48 hours for response to your email or call. We may schedule a follow-up appointment to discuss some issues.

Please do not contact our office for refills. Please request your prescription refills at least 48 hours prior to medications running out, not counting Saturdays, Sundays, or holidays. This allows for proper review of your history or time for prior authorization required by insurance companies.

In case of lost, stolen, self-increased medication or any other unexplained discrepancies, early refills will not be provided. Non-opioid medication or withdrawal medication may be offered.

Maintain a primary care physician that you see for general or other medical care, lab testing for other acute or chronic health conditions that may require annual or routine monitoring and care.

Provide a list of other medical conditions, medications, and other physicians and notify our office of any changes that may occur.

Allow periodic medication monitoring by urine drug screens (UDS) and other lab testing if necessary as part of your treatment plan. In case of inconsistencies on your UDS, you will be dismissed from our care and offered one month's worth of medication and instructions on how to taper it. Do not use alcohol or take any other mind altering substances while using pain medications. Chronic opioid analgesic therapy may cause dependence, addiction or re-addiction, and tolerance.

Please initial and sign:

_____ I have read and had the opportunity to discuss the information in this MEDICATION AGREEMENT between myself, my physician or physician assistant.

_____ I understand that for my safety, failure to follow the instructions detailed in this agreement may result in non- narcotic pain management treatments only, and possible dismissal from services through Precision Pain Consultants.

Patient name (printed)

Date

Patient signature

Witness

Patient name: _____ Date: _____

Modified Somatic Perception Questionnaire

Please describe how you have felt during the past week by checking the appropriate box. Please answer all questions. Do NOT think before answering.

	Not at all	A little, slightly	A great deal, quite a bit	Extremely, could not have been worse
1. Heart rate increase				
2. Feeling hot all over	0	1	2	
3. Sweating all over	0	1	2	3
4. Sweating in a particular part of the body				
5. Pulse in the neck				
6. Pounding in head				
7. Dizziness	0	1	2	3
8. Blurring of vision	0	1	2	3
9. Feeling faint	0	1	2	3
10. Everything appearing normal				
11. Nausea	0	1	2	3
12. Butterflies				
13. Pain or ache in stomach	0	1	2	3
14. Stomach churning	0	1	2	3
15. Desire to pass water				
16. Mouth becoming dry	0	1	2	3
17. Difficulty swallowing				
18. Muscle in neck aching	0	1	2	3
19. Legs feeling weak	0	1	2	3
20. Muscles twitching or jumping	0	1	2	3
21. Tense feeling across forehead	0	1	2	3
22. Tense feeling in jaw muscles	0	1	2	3

Patient name: _____ Date: _____

Modified ZUNG Depression Index

Please indicate for each of these questions which answers best describe how you have been feeling recently.

	Rarely or none of the time (less than 1 day per week)	Some or little of the time (1-2 days per week)	A moderate amount of time (3-4 days per week)	Most of the time (5-7 days per week)
1. I feel downhearted and sad.	0	1	2	3
2. Morning is when I feel best.	3	2	1	0
3. I have crying spells or feel like it.	0	1	2	3
4. I have trouble getting to sleep at night.	0	1	2	3
5. I feel that nobody cares.	0	1	2	3
6. I eat as much as I used to.	3	2	1	0
7. I still enjoy sex.	3	2	1	0
8. I noticed I am losing weight.	0	1	2	3
9. I have trouble with constipation.	0	1	2	3
10. My heart beats faster than usual.	0	1	2	3
11. I get tired for no reason.	0	1	2	3
12. My mind is as clear as it used to be.	3	2	1	0
13. I tend to wake up too early.	0	1	2	3
14. I find it easy to do the things I used to.	3	2	1	0
15. I am restless and can't keep still.	0	1	2	3
16. I feel hopeful about the future.	3	2	1	0
17. I am more irritable than usual.	0	1	2	3
18. I find it easy to make a decision.	3			
19. I feel quite guilty.	0	1	2	3
20. I feel I am useful and needed.	3	2	1	0
21. My life is pretty full.	3	2	1	0
22. I feel that others would be better off if I were dead.	0	1	2	3
23. I am still able to enjoy the things I used to.	3	2	1	0

Patient name: _____ Date: _____

NECK PAIN AND DISABILITY SCALE
Please use an X to indicate your pain on the grid:

How bad is your pain today?

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
NO PAIN									MOST SEVERE PAIN

How bad is your pain on average?

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
NO PAIN									MOST SEVERE PAIN

How bad is your pain at its worst?

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
NO PAIN									MOST SEVERE PAIN

Does your pain interfere with your sleep?

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
NOT AT ALL									CONSTANTLY

How bad is your pain with standing?

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
NO PAIN									MOST SEVERE PAIN

How bad is your pain with walking?

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
NO PAIN									MOST SEVERE PAIN

Does your pain interfere with driving or riding in a car?

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
NOT AT ALL									CONSTANTLY

Does your pain interfere with social activities?

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
NOT AT ALL									CONSTANTLY

Does your pain interfere with recreational activities?

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
NOT AT ALL									CONSTANTLY

Does your pain interfere with work activities?

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
NOT AT ALL									CONSTANTLY



PRECISION

REGENERATIVE & FUNCTIONAL MEDICINE

Does your pain interfere with your personal care (eating, dressing, bathing, etc)?

--	--	--	--	--	--	--	--	--	--

NOT AT ALL CONSTANTLY

How has your pain changed your outlook on life and the future (depression, hopelessness, etc)?

--	--	--	--	--	--	--	--	--	--

NOT AT ALL CONSTANTLY

Does pain affect your emotions?

--	--	--	--	--	--	--	--	--	--

NOT AT ALL CONSTANTLY

Does your pain affect your ability to think or concentrate?

--	--	--	--	--	--	--	--	--	--

NOT AT ALL CONSTANTLY

How stiff is your neck?

--	--	--	--	--	--	--	--	--	--

NOT AT ALL CONSTANTLY

How much trouble do you have turning your neck?

--	--	--	--	--	--	--	--	--	--

NONE MOST SEVERE

How much trouble do you have looking up or down?

--	--	--	--	--	--	--	--	--	--

NONE MOST SEVERE

How much trouble do you have working overhead?

--	--	--	--	--	--	--	--	--	--

NONE MOST SEVERE

How much do pain pills help?

--	--	--	--	--	--	--	--	--	--

COMPLETELY NOT AT ALL

The Drug Abuse Screening Test (DAST)

Directions: the following questions concern information about your involvement with drugs. Drug abuse refers to (1) the use of prescribed or “over-the-counter” drugs in excess of the directions, and (2) any non-medical use of drugs. Consider the past year (12 months) and carefully read each statement. Then decide whether your answer is YES or NO and check the appropriate space. Please be sure to answer every question.

	YES	NO
1. Have you used drugs other than those required for medical reasons?	_____	_____
2. Have you abused prescription drugs?	_____	_____
3. Do you abuse more than one drug at a time?	_____	_____
4. Can you get through the week without using drugs? (other than those required for medical reasons)?	_____	_____
5. Are you always able to stop using drugs when you want to?	_____	_____
6. Do you abuse drugs on a continuous basis?	_____	_____
7. Do you try to limit your drug use to certain situations?	_____	_____
8. Have you had “blackouts” or “flashbacks” as a result of drug use?	_____	_____
9. Do you ever feel bad about your drug abuse?	_____	_____
10. Does your spouse (or parents) ever complain about your involvement with drugs?	_____	_____
11. Do your friends or relatives know or suspect you abuse drugs?	_____	_____
12. Has drug abuse ever created problems between you and your spouse?	_____	_____
13. Has any family member ever sought help for problems related to your drug use?	_____	_____
14. Have you ever lost friends because of your use of drugs?	_____	_____
15. Have you ever neglected your family or missed work because of your use of drugs?	_____	_____
16. Have you ever been in trouble at work because of drug abuse?	_____	_____
17. Have you ever lost a job because of drug abuse?	_____	_____
18. Have you gotten into fights when under the influence of drugs?	_____	_____
19. Have you ever been arrested because of unusual behavior while under the influence of drugs?	_____	_____
20. Have you ever been arrested for driving while under the influence of drugs?	_____	_____
21. Have you engaged in illegal activities in order to obtain drugs?	_____	_____
22. Have you ever been arrested for possession of illegal drugs?	_____	_____
23. Have you ever experienced withdrawal symptoms as a result of heavy drug intake?	_____	_____
24. Have you had medical problems as a result of your drug use (e.g., memory loss, hepatitis, convulsions, bleeding, etc)?	_____	_____
25. Have you ever gone to anyone for help for a drug problem?	_____	_____
26. Have you ever been in a hospital for medical problems related to your drug use?	_____	_____
27. Have you ever been involved in a treatment program specifically related to drug use?	_____	_____
28. Have you been treated as an outpatient for problems related to drug abuse?	_____	_____

Patient signature: _____

Date: _____

SOAPP-R

The following are some questions given to patients who are on, or being considered for medication, for their pain. Please answer each question as honestly as possible.

There are no right or wrong answers.

SOAPP®-R	Never	Seldom	Sometimes	Often	Very Often
	0	1	2	3	4
1. How often do you have mood swings?	0	0	0	0	0
2. How often have you felt a need for higher dose of medication to treat your pain?	0	0	0	0	0
3. How often have you felt impatient with your doctors?	0	0	0	0	0
4. How often have you felt that things are just too overwhelming that you can't handle them?	0	0	0	0	0
5. How often is there tension in the home?	0	0	0	0	0
6. How often have you counted pain pills to see how many are remaining?	0	0	0	0	0
7. How often have you been concerned that people will judge you for taking pain medication?	0	0	0	0	0
8. How often do you feel bored?	0	0	0	0	0
9. How often have you taken more pain medication than you were supposed to?	0	0	0	0	0
10. How often have you worried about being left alone?	0	0	0	0	0
11. How often have you felt a craving for medication?	0	0	0	0	0
12. How often have other expressed concern over your use of medication?	0	0	0	0	0
13. How often have any of your close friends had a problem with alcohol or drugs?	0	0	0	0	0
14. How often have others told you that you had a bad	-	-	-	-	-

SOAPP-R

The following are some questions given to patients who are on, or being considered for medication, for their pain. Please answer each question as honestly as possible.

There are no right or wrong answers.

SOAPP®-R	Never	Seldom	Sometimes	Often	Very Often
	0	1	2	3	4
17. How often have others kept you from getting what you deserve?	0	0	0	0	0
18. How often, in your lifetime, have you had legal problems or been arrested?	0	0	0	0	0
19. How often have you attended an AA or NA meeting?	0	0	0	0	0
20. How often have you been in an argument that was so out of control that someone got hurt?	0	0	0	0	0
21. How often have you been sexually abused?	0	0	0	0	0
22. How often have others suggested that you have a drug or alcohol problem?	0	0	0	0	0
23. How often have you had to borrow pain medications from your family or friends?	0	0	0	0	0
24. How often have you been treated for an alcohol or drug problem?	0	0	0	0	0

Please include any additional information you wish about the above answers: